

“The World’s Only Hygienic University of Natural Health™”

*University
of Natural
Health™*

“Kingdom University™ Producing the World’s only HygioPhysicians®”

***The World's Exclusive Educators of Natural Health Doctors,
Doctors of Nutrition, Naturorthopathic Doctors™
& HygioPhysicians®***

*A special "Thank You!" goes to Donald Morrissette and
Victoria BidWell, Ph.D., for their expert language skills in editing
for the University & Colleges of Natural Health.™*

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Nutri-Hygienics®

OrthoHygienics®
VibraHygienics®

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Letter from the Academics Director

Dear Prospective Student,

As Academics Director, I would like to congratulate you for taking the initiative towards attaining your educational and professional goals at the Universities and Colleges of Natural Health.

The diversified secular and non-secular Degree Programs at our Universities & Colleges of Natural Health including Kingdom University™, which also embody the Holistic Health & Healing, Holistic Nutrition and non-secular philosophies, will enable you to gain knowledge in the Holistic Alternative Natural Health Disciplines. This life-saving knowledge is necessary, not only for your own edification and to the advantage of your friends and relatives, but to also allow you to function as a professional health counselor. This could lead to a rewarding and profitable career through helping people to restore and preserve their health.

Our Universities & Colleges of Natural Health including Kingdom University™ employ a nontraditional method of study designed to enable you to take advantage of the convenience of a home study program while earning degrees. This method will easily allow the scheduling of study around job and family obligations, while at the same time, allowing you the opportunity to earn credits toward degrees. These credits may also formalize past achievements, work histories and personal life experiences.

I would like to take the opportunity to personally thank you for your consideration and for your interest in the University of Natural Health™ and Kingdom University™ and I invite you to walk this new path with us as you discover the truths and joys of Spectacular Health!

May you prosper in good health!

Sincerely,

A handwritten signature in black ink that reads "Paul Fanny". The signature is written in a cursive, flowing style with a large, decorative flourish at the end of the name.

*Paul Fanny, Ph.D., H.Phys.
Academics Director*

Our Mission Statement

The purpose of our Universities & Colleges of Holistic Natural Health including our Holistic Nutrition Schools, Natural Healing Colleges and Kingdom University™ is to provide opportunities for the professional, career-minded, working student who chooses to further his or her formal education in natural health and healing and/or nutrition or a non secular program with a practical alternative to traditional, on-campus residency at colleges and universities. Family pressures, time constraints, and strained family budgets can pose insurmountable obstacles to overcome aspirations to return to school and earn credits leading toward a degree and a part-time or full-time professional health counseling career.

Recognizing this dilemma, all students at our Universities & Colleges of Holistic Natural Health & Healing have discovered the benefits of our nontraditional, home study, accredited Programs, provided through our correspondence courses. Students have the opportunity to dramatically reduce their study time while earning college credits toward post-secondary degrees or credits toward certified courses. Students also have the opportunity to schedule their time around job and family obligations, complete courses at their leisure, eliminate traveling time, and take advantage of our varied, monthly financial payment plans. Also, we provide the option for the student to communicate directly with an assigned tutor or advisor for assistance and instruction from his or her personal learning environments. As a University™ & College of Holistic Natural Health™, we make every effort to provide our students with every opportunity to attain their personal, educational, and career goals.

Nontraditional study at our Universities & Colleges provides the opportunity for students to apply earned credits toward a degree in many ways. These earned credits may have been achieved through various means: work/life experiences, curriculum studies, workshops, credit transfers, proficiency examinations, job training assignments, seminars, military training programs and independent reading and writing experiences. A student must complete a “Profile Equivalency Credit Evaluation Report” to determine the number of earned credits that may be applied toward our Universities and College degrees.

More people than at any other time in history are realizing the need of learning how to take charge and be responsible for their own health and wellness. Medical insurance costs are skyrocketing, and individuals simply cannot afford to be sick need to be instructed in and guided towards a lifestyle that will enable them to attain and maintain vibrant health. The sick need to recognize and acknowledge the true cause of their ailments. By doing so, they will automatically become less dependent on the so-called “miracles” of modern medical technology. Medical and Religious professionals, for many generations, have failed miserably in educating people in the spiritual and natural basic requirements of living and maintaining a healthy, spiritual and physical natural way of life. After all, isn't preventing illness a better alternative than trying to cure illness once it has developed?

Natural Health Home Study Program(s)

Our Universities & Colleges are long distance institutions of higher learning. As correspondence schools, we allow the student to study and work at his or her own pace and in their own personal environment. Initially, most students will undoubtedly enroll in a Program, or sequence of Programs, for their own edification, to learn the basics so as to improve their immediate situations. Excited by what they learn in these beginning studies, many will just naturally want to share this knowledge! Our curriculum teaches these students to share their studies in both formal and informal settings and will help provide the skills they need. These students often begin seeing themselves taking on part-time or full-time careers in Natural and Holistic Health and Healing; and for these motivated individuals, the sky is the limit above this new field of dreams! Students will greatly benefit from the Universities and Colleges flexible and innovative approach to health. Never has there been such an extensive, natural health study program. You will be well satisfied with your new-found knowledge of nature, and your perceptions and approach toward wellness will be unparalleled by any other system of health care in the world!

Degree-granting Authority

As global, long-distance, correspondence schools, our Universities & Colleges and its Board of Directors reserves the right to grant post-secondary degrees in or from any American state or foreign country that authorizes the school, according to its articles and by-laws, to operate as an educational organization in accordance with the administrative policies, governmental laws, exemptions, state statutes and requirements that are in place at that time.

Accreditation

All of our Universities and Colleges are nationally and internationally, nontraditional distance learning schools, granting post-secondary holistic degrees holistic nutrition degrees, non-secular Degrees, Naturorthopathic, & Hygiophysician® degrees, as well as Certified Programs in Natural Health and Holistic Nutrition including non-secular Programs. In addition, as a University and Natural Health College, we provide Holistic Nutrition Certification through our Holistic Nutrition Course Programs. Our Programs, in addition, develop Holistic Health & Healing Practitioners.

We are nationally classified and authorized to academically conduct business as a university and college. In addition, we are accredited by "The H.D.A." (Hygienic Doctors Association) and the "W.W.A.C." (The World-Wide Accrediting Commission), which ensures that our students will be well-qualified at the post-secondary level after completing

our educational programs and that the quality and standards of our course instruction and methods are maintained at the highest, post-secondary academic level: "in keeping with our Natural Health and Holistic Nutrition Hygienic philosophy" including our non-secular Programs and their philosophy.

Academic Objectives

The goals of our Universities & Colleges are twofold: first, to provide students with the education needed in the Natural and Hygienic health field, which is the “only alternative for genuine health”; and second, to teach students how to teach others through a consultant health practice. Our objectives are to educate the student and to graduate Professional, Natural Health & Healing Doctors and/or Practitioners/Counselors, Doctors of Nutrition, Naturorthopathic™ Doctors and HygioPhysicians® and non-secular Holistic Health & Healing Ministers.

Enrollment Procedures & Instruction

When a student enrolls at our Universities & Colleges, the student will be asked to fill out admission forms, after which an advisor shall be assigned to help and guide the student through the process of enrollment. Once the student is enrolled, the advisor will see that the student receives all necessary materials pertaining to the chosen Program of study. Any questions stemming from the Program of study will be answered by the assigned tutor, whose role it will be to help and guide the student through the enrollment process and courses.

Lessons & Procedures

All lessons will require reading material, and some also require videos. Study of the material will be followed by short Self-Help Quizzes. Progress Tests will be followed by Final Examinations. The student will be allowed to go at his or her own pace, which is one of the great benefits of distance learning through correspondence. There are no time limits for completing courses. After completing courses with a satisfactory grade, and after paying the full tuition for the courses taken, a degree will be issued and mailed to the student no later than four to six weeks.

Academics Admissions Policy

There are educational requirements for those seeking to enroll at our Universities and Colleges. A high school diploma or G.E.D. is required to enroll in the Bachelor Degree Program. Students desiring a Master Degree Program must have completed the Bachelor Degree Program, and those desiring the Doctorate Programs must have completed the

Master Degree Program. Upon the University's evaluation, student transfer credits from another school may be accepted on an individual basis.

Confidential Records

All records are confidential, except general information under the "Family Educational Rights and Privacy Act." If a student does not want any information released, he or she must file a written notice stating those wishes. Students have rights to access their records.

Grading System

Our Universities & Colleges issue grades based on a G.P.A. system (grade point average system). A 4.0 G.P.A. is the highest level, while 0.0 is the lowest level. A level of 2.0 must be achieved for the undergraduate and certificate Programs, while a 3.0 must be achieved for the graduate Programs.

Grading Reports

All grading reports will be sent provided that all financial and academic obligations have been met.

Transcripts

Upon written requests and provided all academic and financial obligations have been met, students may request their transcripts to be sent to other schools or employers.

Credit & Degree Transfers

All credit and degree transfers will be determined on an individual basis. Crediting courses will depend, therefore, on our evaluation of comparable courses completed. All transcripts requested by the University will be released and sent directly to the University for approval and recognition. Transferring credits and degrees attained at the University to another college or institution is at the discretion of the accepting institution, college, or university; and it is the student's responsibility to confirm whether credits will be accepted. All credit and degree transfers must be submitted in writing to the University, providing that all financial responsibilities have been met and satisfied.

Credit Inter-Program Transfers

Credits earned in the Master Degree Program may be transferred into the Bachelor Degree Program only. Since there is an excess of credits, traditionally speaking, in the Master's Degree Program, the credit transfers allow students more creativity and personal

preference with their electives and with the total credit requirements for the Bachelor and Master Degree Programs. All similar courses, including certified courses, at the University can be credited and applied toward other B.S., M.S., Ph.D., N.D. , HygioPhysician[®] or non secular degree programs within the Universities and Colleges curriculum subject to authorized written approval.

Credit Requirement & Electives

Our Universities & Colleges have no traditional credit requirement for completing any of our degree Programs; course completion is the requirement of every degree Program. For those students who are concerned about the traditional credit requirement for each Program, our Universities & Colleges have furnished the traditional 4.0 credits that includes credit transfers and credit for work and life experience. If the student desires to waive all electives to complete our Programs in less time, it is the student's choice to do so. Note that the elective, the Master's Dissertation in the Master Degree Program, can only be waived if the student intends to enroll in one of the Doctorate Degree Programs.

Credit for Work/Life Experience

A student who meets the minimum admission requirements may qualify for equivalency credits that convert to credits that can meet the general education requirements found at most universities and colleges. These requirements may be met by work, personal life, and/or professional experiences such as the following: training seminars, military training programs, workshops, independent reading studies, curriculum studies, proficiency examinations, job training, and through other means which shall be determined by a "Profile Credit Equivalency Assessment" conducted by our Universities & Colleges of Natural Health.[™] Completion certificates may be requested by the University for such experiences. Verification of knowledge and material the student wishes to submit should be sent in a portfolio format for evaluation and assessment.

Natural Health Diplomas

All diplomas will be sent, once all financial and academic obligations have been met.

Tuition Inclusions & Miscellaneous Fees

The tuition amount shown for each University & College Program would include a complete set of books and examinations, teacher guidance and test evaluations, grade reports, and an embossed diploma. Shipping & Handling costs are itemized separately. The student will also be responsible for incidentals, for example, the cost of postage when mailing Progress Tests and Final Examinations to the school to be graded. In the event that

students already own textbooks required for any given course, the University cost of such materials will be deducted from the cost of the Program; and students will be allowed to make use of their own materials, rather than purchase them from the University. *The Universities & Colleges do NOT charge extra fees for such activities as grading and returning examinations, reading and evaluating dissertations, etc.*

Tuition Payments & Refunds

Monthly plans will be available for payments on a per individual basis. *There will be no tuition refunded after (3) working days from the date a student receives his or her Program(s), as validated by United States Postal Service records sent to the University. All shipping and handling charges are non-refundable.*

Withdrawal Policies

There will be no tuition refunded after (3) working days from the date a student receives his or her Program(s), as validated by United States Postal Service records sent to the University. There will be a \$150 non-refundable processing fee for enrollment and a \$150 restocking fee on all orders returned. Students who withdraw within (3) working days of receiving their Program will be responsible for all shipping and handling charges for returning their Program. All Program shipping and handling charges, to and from the student, are non-refundable. Unexpected life circumstances may force a student to withdraw from our Programs. If this should happen, the student may be entitled to a refund, depending on how long the enrollment has been ongoing, how promptly all books and materials have been returned, and the condition of all books and materials returned. If the student withdraws within 30 days of enrollment and returns all books and materials in excellent condition within two weeks of the withdrawal date, a complete refund, less the shipping & handling costs(including a \$150 restocking fee), may be made. For all other withdrawal situations, the University's "withdrawal schedule" is the greater of the "either/or" situations as follows:

- 31 to 60 days..... Either \$250 minimum or 75% of tuition paid
- 61 to 90 days..... Either \$4.05 minimum or 50% of tuition paid
- 91 to 120 days..... Either \$100 minimum or 25% of tuition paid
- More than 120 days.... No Refund.

Enrollment Forms & Contract Fees (Including Initial Refunds)

Once the enrollment has been submitted and processed, a financial agreement will be emailed to the student listing the details of the student's enrollment. The contract must be signed and returned within five (5) business days, otherwise the student will be assessed a \$150.00 contract fee, in addition to the \$150.00 enrollment fee, and the enrollment could be canceled. The remaining balance of the initial deposit will be refunded.

Shipping & Handling

For students living within the continental United States, Programs are usually shipped by United States Postal Service, Ground Rate. There is a shipping & handling charge of \$95.00 *per degree program*. All shipped orders that are refused will carry additional returned shipping and handling charges. All shipping and handling charges are non-refundable.

All students living outside the U.S. shall be responsible for all foreign country import and other taxes. Additional Shipping & Handling charges outside the U.S. shall apply. While some of our most popular courses are available for immediate shipment, others are not. Since Programs are tailored to each student's needs, a certain amount of individualized work must be done in preparation for shipping. Please note that if any books or materials are on back order, they will be shipped at our expense. Accordingly, students will be notified as to when they can expect to receive their courses. All shipped orders that are refused will carry additional returned shipping and handling charges. All shipping and handling charges are non-refundable.

Life after Graduation

Your future doesn't end with a degree. Our Universities & Colleges are not required to help the student once he or she is practicing in the field, but the University shall provide continuous business and counseling assistance for all qualified Holistic Natural Health, Holistic Nutrition, Certified Hygienic HygioPhysician[®], Naturorthopathic and non-secular post-graduates.

Non-discrimination

Our Universities & Colleges are in compliance with all requirements imposed by or pursuant to Title VI of the Civil Rights Act of 1964 and the regulations issued there under, to the end that no person in the United States, shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity sponsored at this institution. Further, as prescribed in Section 504 of the Rehabilitation Act of 1973, this institution does not discriminate against the handicapped in admission, employment, or activities.

Natural Health, Naturorthopathic, and Hygienic— Defined!

Our Kingdom University™ & Universities & Colleges of Natural Health define the Spiritual and Holistic Natural Health and Holistic Nutrition practices as a Hygienic principled, spiritual and physical belief system in the restoration and preservation of health by spiritual and natural, unadulterated means and conditions such as the following: pure water, sunshine, exercise, clean air, cleanliness, proper diet, sleep, rest, correct temperatures, relaxation, poise, and a good mental and spiritual attitude.” Our Natural Health as well as our Spiritual practices are inclusive of the spiritual aspects as well as the human spirit, mind and body. Our Universities & Colleges teach students how to teach others the basic principles and conditions for health, by first identifying them, and then by incorporating them properly into a lifestyle that secures optimum health. Students must then study the strict guidelines relative to the spiritual and natural laws of nature and become familiar with them and live them with a strong degree of proficiency before they can help themselves and teach others a Holistic Spiritual and Natural Health lifestyle that secures optimum health.

“HygioPhysicians®”— Defined!

Dorland’s Medical Dictionary, 27th Edition, defines “hygio” [GR. “hygies, healthy”], as in “Hygieology” or “Hygiology,” to mean “the complete science upon which the arts of Hygiene and sanitation are based.” *Strong’s Exhaustive Concordance*, under the Greek and Chaldee Section #5199, defines “hygio” or “hygies” as [GR. “hugies, healthy,” i.e., “well (in body); Fig. true (in doctrine): sound, whole”]. *Webster’s New Universal Unabridged Dictionary*, Deluxe Second Edition, defines “Hygiology,” n., [GR. “hygieia, health” and “logia,” from “legein,” meaning “to speak.”] as “the science of or a treatise on the preservation of health.”

“Physician” is defined by the *J.I. Rodale Synonym Finder* as “a healer.” *Webster’s New Universal Unabridged Dictionary*, Deluxe Second Edition, defines “physician” as “any person or thing that heals, relieves, or comforts.” *Strong’s Exhaustive Concordance*, Hebrew and Chaldee Dictionary #7495, defines “physician” as “from the root word ‘Râphâh’ [raw-faw]: a primitive root; preposition to mend (by stitching), i.e. (fig.) to cure: — cure, (cause to) heal, physician repair, x thoroughly, make whole.” These definitions lead us to the conclusion that a “physician” is simply a “healer and preserver of health.”

Our Universities & Colleges define “HygioPhysicians®” as “graduates who are licensed to practice the *Natural Health* philosophies of the University, which are the natural sciences of the restoration and preservation of natural health by natural, unadulterated means.”

The Holistic Health & Healing Practices DO NOT:

- Diagnose Disease: Our *Holistic Health* practitioners analyze and evaluate the conditions, symptoms, and lifestyle habits.
- Treat Disease: Our *Holistic Health* practitioners teach Natural Health principles and lifestyle habits that will remove the root, lifestyle causes of Toxemia and that will, therefore, restore health and prevent disease.
- Prescribe Drugs: Our *Holistic Health* practitioners only secure and depend on naturally occurring vitamins, minerals, and other nutrients built into the plant structure of proper foods for human life that promote optimum health.
- Employ Invasive Medical Procedures: Our *Holistic Health* practitioners only support medical intervention only in a crisis to save a life, such as to revive a stopped heart, to perform surgery when a birth canal is not not large enough, to remove diseased or defective tissues that are life-threatening, to use medication to relieve unbearable pain, and/or to employ other life-saving procedures not in the aforementioned. All of the “alternative health care systems” such as “Naturopathy, Homeopathy, Herbology, Aromatherapy, Ozone and Hydrogen Peroxide Therapy, Colonic Therapy, Rebirthing, Naturopathic Medicine, Chiropractic and Reflexology, Acupuncture and Acupressure, Magnetism, Urinology, Hydrotherapy, etc., that reflect our Natural and Hygienic health teachings are considered sound, invigorating, and beneficial. To the extent, however, that these various alternative health care procedures do not employ true Natural and Hygienic teachings, these alternative care procedures are false, enervating, and harmful.

Holistic Natural Health & Healing Degrees

Our Universities & Colleges are the only world-wide, post-secondary institutions graduating and producing “HygioPhysicians[®] (H.Phys.).” Students are presented with the opportunity of a lifetime to become part of an elite class of natural health doctors possessing a specialized knowledge concerning Natural health and its restoration and preservation through natural, unadulterated means and methods.

Holistic Nutrition & Natural Health & Healing Degree Programs Offered

| | |
|---|-------------------|
| Bachelor of Science in Holistic Nutrition | B.S. |
| Master of Science in Holistic Nutrition | M.S. |
| Doctor of Philosophy in Holistic Nutrition | Ph.D. |
| | |
| Bachelor of Arts in Holistic Natural Health & Nutrition & Master of Arts in Holistic Natural Health & Nutrition..... | B.A./M.A. |
| Doctor of Philosophy in Holistic Natural Health & Nutrition.... | Ph.D. |
| Naturorthopathic [™] Doctor | N.D. |
| HygioPhysician [®] | H.PHYS. |
| | |
| Bachelor of Science in Holistic Natural Health & Healing | B.S. |
| Master of Science in Holistic Natural Health & Healing | M.S. |
| Doctor of Philosophy in Holistic Natural Health & Healing | Ph.D. |
| | |
| Certified Natural Health Practitioner | C.N.H.P. |
| Certified Holistic Nutrition Practitioner | C.H.N.P. |
| Certified Natural Health Practitioner & Certified Holistic Nutrition Practitioner / Combined | C.N.H.P./C.H.N.P. |

TUITION of NATURAL HEALTH DEGREES & HOLISTIC NUTRITION DEGREES

Holistic Degree Programs

(Tuition) (Monthly Plan)

| | | 36 mos. | 60 mos. |
|---|---------|----------------|----------------|
| Bachelor of Science in Holistic Nutrition | \$4,280 | \$99.59 | |
| Masters of Science in Holistic Nutrition | \$4,490 | \$105.42 | |
| Doctor of Philosophy in Holistic Nutrition | \$4,490 | \$105.42 | |
| Bachelor of Arts in Holistic Natural Health & Nutrition & Master of Arts in Holistic Natural Health & Nutrition..... | \$4,490 | \$105.42 | |
| Doctor of Philosophy in Holistic Natural Health & Nutrition... | \$4,490 | \$105.42 | |
| Naturorthopathic™ Doctor | \$4,690 | \$110.98 | |
| Bachelor of Science in Holistic Natural Health & Healing.... | \$4,280 | \$99.59 | |
| Master of Science in Holistic Natural Health & Healing..... | \$4,490 | \$105.42 | |
| Doctor of Philosophy in Holistic Natural Health & Healing.. | \$4,490 | \$105.42 | |
| HygioPhysician® w/4 Prerequisites..... | \$5,650 | \$137.64 | |
| Certified Natural Health Practitioner | \$499 | | |
| Certified Holistic Nutrition Practitioner..... | \$499 | | |
| Certified Natural Health Practitioner & | \$799 | | |
| Certified Holistic Nutrition Practitioner / Combined | | | |

Two & Three Degree Combination Programs

| | | | |
|-----------------------|---------|----------|---------|
| B.S./M.S. | \$5,899 | \$144.56 | \$86.74 |
| B.A./M.A./N.D. | \$6,590 | \$163.75 | \$98.25 |
| B.A./M.A./H.PHYS..... | \$6,590 | \$163.75 | \$98.25 |
| M.S./Ph.D. | \$6,370 | \$157.64 | \$94.59 |

Three & Alternative Degree Combination Programs

| | | | |
|---|---------|----------|----------|
| B.A./M.A./Ph.D..... | \$6,590 | \$163.75 | \$98.25 |
| B.S./M.S./Ph.D. | \$7,990 | \$202.64 | \$121.59 |
| B.S./M.S./Ph.D./Ph.D./N.D./H. Phys..... | \$9,490 | \$244.31 | \$146.59 |

An initial deposit of \$695.00 is required on all financed degree programs plus a shipping and handling charge of \$95.00.

UNIVERSITY & COLLEGES OF NATURAL HEALTH™

HOLISTIC NATURAL HEALTH DEGREE COURSE PROGRAMS

BACHELOR of SCIENCE in HOLISTIC NATURAL HEALTH & HEALING

| | |
|--------------------|--|
| BNH – 101 | PsychoPhysiology |
| BNH – 102 | Neuro Biology of Faith: Introduction |
| BNH – 103 | Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten) |
| BNH – 104 | Natural Health: Introduction |
| BNH – 105 | Physiology: Introduction |
| BNH – 106 | Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten) |
| BNH – 107-E | Biotic Laws of Life: Introduction (<i>Optional</i>) |
| BNH – 108 | Biological Concepts of Enzymes & Nutrition |
| BNH – 109 | Advanced Natural Lifestyles & Philosophies |
| BNH – 110 | Advanced “Applied” Nutrition |
| BNH – 111 | Advanced Neuro Biology of Beliefs |
| BNH – 112-E | Essay: Review of the Bachelor Degree Program (<i>Optional</i>) |
| BNH – 113-E | Spiritualizing through a Good Physical Conscience® (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

MASTER of SCIENCE in HOLISTIC NATURAL HEALTH & HEALING

| | |
|--------------------|--|
| MNH – 101 | Raising Children Naturally |
| MNH – 102 | Neuro Physiology of Beliefs: Introduction |
| MNH – 103 | Nature of Human Physiology |
| MNH – 104 | Superior Foods & Nutrition |
| MNH – 105 | Advanced Behavioral Kinesiology |
| MNH – 106 | Phytochemical Composition of Foods & Nutrition |
| MNH – 107 | Advanced Natural Hygiene: Part I & II |
| MNH – 108 | Advanced Nutrition I |
| MNH – 109 | Advanced Nutrition II |
| MNH – 110-E | Essay: Herbology (<i>Optional</i>) |
| MNH – 111 | Advanced Neuro Physiology of Beliefs |
| MNH – 112-E | Master Degree Dissertation (<i>Optional if enrolling in the Ph.D. program</i>) |
| MNH – 113-E | The Nature of Spirituality (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in HOLISTIC NATURAL HEALTH & HEALING

| | |
|--------------------|---|
| DNH – 101 | Behavioral Science of Disease |
| DNH – 102 | <i>Maximum</i> , Body Energy & Energy Healing Concepts |
| DNH – 103 | Fasting: The Spiritual Art of Restoring & Preserving Health |
| DNH – 104 | PsychoNeuroImmunology: Introduction |
| DNH – 105 | Advanced Natural Health I |
| DNH – 106 | Advanced Natural Health II |
| DNH – 107 | Natural Health Counseling Practice: The Legal Requirements & Responsibilities of a Natural Health Practitioner: Part I & II |
| DNH – 108 | Doctorate’s Thesis <i>or</i> Sports Nutrition & Physiology (<i>Student’s choice</i>) |
| DNH – 109-E | The Mind of the Spirit (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

HYGIOPHYSICIAN®

| | |
|-------------------|---|
| HD – 101 | Behavioral Science of Disease |
| HD – 102 | <i>Maximum</i> , Body Energy & Energy Healing Concepts |
| HD – 103 | Fasting: The Spiritual Art of Restoring & Preserving Health |
| HD – 104 | Psychoneuroimmunology: Introduction |
| HD – 105 | Advanced Natural Health I |
| HD – 106 | Advanced Natural Health II |
| HD – 107 | Hygienic Counseling Practice: The Legal Requirements & Responsibilities of a Hygienic Practitioner: Part I & II |
| HD – 108 | Doctorate’s Thesis <i>or</i> Sports Nutrition & Physiology (<i>Student’s choice</i>) |
| HD – 109-E | The Nature of Spirituality (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

Four Prerequisites (BNH-103, 106, 109, 110) are required for the above Degree Program

HOLISTIC NUTRITION DEGREE COURSE PROGRAMS

BACHELOR of SCIENCE in HOLISTIC NUTRITION

| | |
|-------------------|--|
| BN – 101 | Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten) |
| BN – 102 | Phytochemicals & Nutrition |
| BN – 103 | Biological Concepts of Enzymes & Nutrition |
| BN – 104 | Humans' Natural Biological Diet |
| BN – 105 | Physiology: Introduction |
| BN – 106 | Advanced “Applied” Nutrition |
| BN – 107 | Neuro Biology of Faith: Introduction |
| BN – 108 | Advanced Neuro Biology of Beliefs |
| BN – 109 | Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten) |
| BN – 110-E | The Nature of Spirituality (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

MASTER of SCIENCE in HOLISTIC NUTRITION

| | |
|-------------------|--|
| MN – 101 | Raising Children Naturally |
| MN – 102 | Advanced Nutrition I |
| MN – 103 | Advanced Nutrition II |
| MN – 104 | Superior Foods & Nutrition |
| MN – 105 | Advanced Natural Lifestyles & Philosophies |
| MN – 106 | Essay: Herbology |
| MN – 107 | Neuro Physiology of Beliefs: Introduction |
| MN – 108 | Advanced Neuro Physiology of Beliefs |
| MN – 109-E | Spiritualizing Through A Good Physical Conscience® (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in HOLISTIC NUTRITION

| | |
|-------------------|---|
| DN – 101 | Maximum, Body Energy & Energy Healing Concepts |
| DN – 102 | PsychoNeuroImmunology: Introduction |
| DN – 103 | Advanced Natural Health I |
| DN – 104 | Advanced Natural Health II |
| DN – 105 | Nutritional Counseling Practice: The Legal Requirements & Responsibilities of a Nutrition Practitioner: Part I & II |
| DN – 106 | Doctorate’s Thesis <i>or</i> Sports Nutrition & Physiology (<i>Student’s choice</i>) |
| DN – 107-E | The Mind of The Spirit (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

BACHELOR of ARTS in HOLISTIC NATURAL HEALTH & NUTRITION & MASTER of ARTS in HOLISTIC NATURAL HEALTH & NUTRITION

| | |
|--------------------|--|
| BND – 101 | PsychoPhysiology |
| BND – 102 | Physiology: Introduction |
| BND – 103 | Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten) |
| BND – 104 | Advanced Natural Lifestyles & Philosophies: Part I & II |
| BND – 105 | Raising Children Naturally |
| BND – 106 | Nature of Human Physiology |
| BND – 107 | Advanced Nutrition I |
| BND – 108 | Advanced Nutrition II |
| BND – 109 | Advanced “Applied” Nutrition |
| BND – 110 | Neuro Biology of Faith: Introduction |
| BND – 111 | Advanced Neuro Biology of Beliefs |
| BND – 112 | Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten) |
| BND – 113-E | The Nature of Spirituality (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

This Program is a prerequisite for the N.D./Ph.D. in Holistic Natural Health & Nutrition Degree Program

DOCTOR of PHILOSOPHY in HOLISTIC NATURAL HEALTH & NUTRITION

| | |
|---------------------|--|
| DHNN – 101 | Advanced Behavioral Science of Disease |
| DHNN – 102 | <i>Maximum</i> , Body Energy & Energy Healing Concepts |
| DHNN – 103 | Fasting: The Spiritual Art of Restoring & Preserving Health |
| DHNN – 104 | PsychoNeuroImmunology: Introduction |
| DHNN – 105 | Advanced Natural Health & Healing I |
| DHNN – 106 | Advanced Natural Health & Healing II |
| DHNN – 107 | Holistic Natural Health & Nutrition Counseling Practice: The Legal Responsibilities & Requirements of a Holistic Practitioner: Part I & II |
| DHNN – 108 | Essay: Herbology |
| DHNN – 109 | Neuro Physiology of Beliefs: Introduction |
| DHNN – 110 | Advanced Neuro Physiology of Beliefs |
| DHNN – 111 | Doctorate Thesis <i>or</i> Sports Nutrition & Physiology (<i>Student's choice</i>) |
| DHNN – 112-E | The Mind of The Spirit (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

The B.A./M.A. in Holistic Natural Health & Nutrition is a prerequisite for this Ph.D. Program

NATURORTHOPATHIC DOCTOR™

| | |
|-------------------|---|
| ND – 101 | Advanced Naturorthopathic™ Science of Disease |
| ND – 102 | <i>Maximum</i> , Body Energy & Energy Healing Concepts |
| ND – 103 | Fasting: The Art of Restoring & Preserving Health |
| ND – 104 | PsychoNeuroImmunology: Introduction |
| ND – 105 | Advanced Natural Health & Healing I |
| ND – 106 | Advanced Natural Health & Healing II |
| ND – 107 | Naturorthopathic™ Counseling Practice: The Legal Requirements & Responsibilities of a Naturorthopathic™ Practitioner: Part I & II |
| ND – 108 | Essay: Herbology |
| ND – 109 | Neuro Physiology of Faith: Introduction |
| ND – 110 | Advanced Neuro Physiology of Beliefs |
| ND – 111 | Doctorate Thesis <i>or</i> Sports Nutrition & Physiology (<i>Student's choice</i>) |
| ND – 112-E | The Nature of Spirituality (<i>Optional</i>) |

Elective marked: “ — E.” is suggested but NOT required for the above Program

The B.A./M.A. in Holistic Natural Health & Nutrition is a prerequisite for the Naturorthopathic Program

CERTIFICATION COURSE PROGRAMS

CERTIFIED NATURAL HEALTH PRACTITIONER

- CNHP – 101** Humans' Natural Biological Diet
CNHP – 102 Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten)
CNHP – 103 Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten)
CNHP – 104 –E The Mind of The Spirit (*Optional*)

CERTIFIED HOLISTIC NUTRITION PRACTITIONER

- CHNP – 101** Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten)
CHNP – 102 Advanced Natural Lifestyles & Philosophies
CHNP – 103 Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten)
CHNP – 104 –E The Mind of The Spirit (*Optional*)

CERTIFIED NATURAL HEALTH PRACTITIONER & CERTIFIED HOLISTIC NUTRITION PRACTITIONER

- CNH-HNP – 101** Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten)
CNH-HNP – 102 Advanced Natural Lifestyles & Philosophies
CNH-HNP – 103 Advanced “Applied” Nutrition
CNH-HNP – 104 Humans' Natural Biological Diet
CNH-HNP – 105 Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet plan which is rich in alkaline foods eaten)
CNH-HNP – 106 -E The Mind of The Spirit (*Optional*)

UNIVERSITY & COLLEGES OF NATURAL HEALTH™

PROGRAM COURSE DESCRIPTIONS

BACHELOR of SCIENCE in HOLISTIC NATURAL HEALTH & HEALING

- BNH – 101** **PsychoPhysiology**
This course examines the dimensions and aspects of modern *PsychoPhysiology* in relationship to one's mental, emotional, physiological and spiritual health. This course will help empower every cell of your body, and it will help you energize every creative idea and potential waiting to be released. (4.0 credits)
- BNH – 102** **Neuro Biology of Beliefs: Introduction**
This course will effortlessly help one learn a breakthrough technique that will unleash the full potential of positive and loving thoughts and its healthy effects on one's emotions. (4.0 credits)
- BNH – 103** **Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten)**
This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)
- BNH – 104** **Natural Health: Introduction**
This course presents the basic knowledge of natural health in an easy-to-understand introductory format for those that want to live on the edge of joy, inner peace, and in total harmony with nature and have vibrant good health. This course teaches that natural hygiene is an essential part of life whose time has come. (4.0 credits)

BNH – 105

Physiology: Introduction

This course presents an introductory overview of the study of anatomy and physiological processes of the human body, including the study of some of the body's diseases to which the person who lives outside the Laws of Life is prone and includes all your major systems in molecular detail. Discover how the nervous system works, the intricate construction of skeleton and muscles, and how your body protects itself when you are under threat. (4.0 credits)

BNH – 106

Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet(Effects of an alkaline diet which is rich in alkaline foods eaten)

This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)

BNH – 107-E

Biotic Laws of Life: Introduction

This course introduces the natural, biotic laws, power and primal force of the laws of life while generating superior, powerful and resilient health. (4.0 credits)

BNH – 108

Biological Concepts of Enzymes & Nutrition

This course examines the catalyzing role of enzymes in food nutrition, digestion, assimilation and health and presents the most vital nutritional discovery since that of vitamins and minerals - food enzymes. (4.0 credits)

BNH – 109

Advanced Natural Lifestyles & Philosophies

This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life with Meaningful Goals including Loving and Nurturing Relationships. (4.5 credits)

BNH – 110**Advanced “Applied” Nutrition**

This course details the ideal sources and correct ratios for the three *caloronutrients*, which is referred to as the 80/10/10 diet, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature, and how to correctly utilize the “nutrient-per-calorie” concept for evaluating and analyzing the nutritional content when planning meals. The 80/10/10 Diet makes eating a joy while helping you achieve optimum health and easy weight control. The course also examines the effects of eating raw fruit on specific health conditions, such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)

BNH – 111**Advanced Neuro Biology of Beliefs**

This course will teach you why your brain is the hardware of your soul and the very essence of a human being. It will teach you scientific evidence that your anxiety, depression, anger, obsessive and compulsive behaviors are all related to the Neuro Biological workings of your brain. (4.0 credits)

BNH – 112-E**Review of the Bachelor’s Program**

The student will prepare a 2,500-word, typed, double-spaced essay on how the courses in the Bachelor Degree Program can be applied in his or her life. Material may be drawn from the various courses in the Bachelor Degree Program. (4.0 credits)

BNH – 113-E**Spiritualizing Through a Good Physical Conscience®**

This course will help you to understand how to cleanse yourself from every form of defilement that contaminates *flesh* or *spirit*. The principles of the Bible require that a Christian must keep *physically* and *spiritually* clean before God. (4.0 credits)

Elective marked: “ — E.” is suggested but NOT required for the above Program

MASTER of SCIENCE in HOLISTIC NATURAL HEALTH & HEALING

- MNH – 101** **Raising Children Naturally**
This course presents the foundational concepts that should be applied to raising disease-free children. Yes, “disease-free!” (4.0 credits)
- MNH – 102** **Neuro Physiology of Beliefs: Introduction**
This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)
- MNH – 103** **Nature of Human Physiology**
This course examines one of Dr. Shelton’s greatest poetic work on Hygienic, natural health philosophies. Dr. Herbert M. Shelton was considered the greatest Hygienic Doctor of the 20th century. In his teachings, he illustrates the complete concepts of nature and man’s relationship to “the organic laws of life” that must be obeyed, else one suffer the penalties for violating nature’s laws. The student will learn that nature’s movements are always striving upwards toward ultimate health and that violation of these laws results in disease and suffering. (4.0 credits)
- MNH – 104** **Superior Foods & Nutrition**
This course covers the nutritional values (vitamins and minerals) of natural foods and presents the superior advantages of organic farming versus chemical farming. The course also exposes the destructive and unbalanced methods of commercial farming and their toxic effects on human consumption. This course teaches you, step-by-step, with pictured illustrations, how to garden in a home-restricted area, as well as how to farm on a larger piece of land. No horticultural course compares, or is as complete, in its well-rounded wealth of easy to understand and practical information! (4.0 credits)
- MNH – 105** **Advanced Behavioral Kinesiology**
This course presents the most fascinating explanation of the nature of conscious human physiology and is superior to any other course available explaining this concept! The teachings of this course use numerical levels of consciousness, along with tying into its paradigm, that are affected by emotions on various levels. A “truth serum technique” using kinesiology and tying into the body’s wisdom also makes this course and its techniques the most fascinating explanations applied to the nature of conscious physiology itself!

The video tapes that are used, along with the book and written course, are revealing and awe-inspiring! This course is one of a kind. (4.0 credits)

MNH – 106-E

Phytochemical Composition of Foods & Nutrition

This course examines the analysis of nutrients in various plants and the effects of these nutrients on various parts of the body needed to maintain the processes of health. (4.0 credits)

MNH – 107

Advanced Natural Hygiene

This course presents advanced natural health concepts on the principles of organic life pertaining to nature's conditions for perfect, uninterrupted processes of pristine health! It also covers the disease process and its causes and the many aspects, in depth, of the conditions that must be met in restoring and preserving health through properly applied principles of Natural Hygiene. This course teaches us how to remove cause instead of simply treating symptoms (4.0 credits)

MNH – 108

Advanced Nutrition I

This course presents the most advanced concept on food nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health. (4.0 credits)

MNH – 109

Advanced Nutrition II

This course is a continuation of *Advanced Nutrition I* and further presents the most advanced concept on food nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health. (4.0 credits)

MNH – 110-E

Essay: Herbology

This course exposes the most dangerous of the poisonous components of herbs in common use today and their effects once ingested by the human body. The student will select a thesis statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the thesis. (4.0 credits)

MNH – 111

Advanced Neuro Physiology of Beliefs

This course will help you develop and maintain a magnificent mind by increasing your memory, concentration and free-flowing creativity as well as to develop better impulse controls and mastery over potential addictions. This course will, in addition, help you develop the ability to relax and enjoy all of life's natural pleasures such as satisfying relationships. (4.0 credits)

- DNH – 101
&
HD – 101** **Behavioral Science of Disease**
This course focuses on the correction of disease through a process referred to as “Orthopathy.” “Ortho” means “upright, correct.” “Pathy” means the “study of disease” or “the study of suffering.” “Disease is right action or right suffering,” says Dr. Jennings, the greatest pathologist of the 19th century. This course covers definitions, etiologies, and very effective, Natural and Hygienic healing formulas for disease as presented by Dr. Herbert M. Shelton. (4.0 credits)
- DNH – 102
&
HD – 102** **Maximum, Body Energy & Energy Healing Concepts**
This course presents the most advanced concepts on how to increase and maintain the body’s maximum nerve energy for maximum health, physical strength and endurance. Maximum nerve energy is the key for the healing of disease. (4.0 credits)
- DNH – 103
&
HD – 103** **Fasting: The Spiritual Art of Restoring & Preserving Health**
This course demystifies the practice of fasting when ill and presents the amazing usefulness of the practice in restoring health. During a fast, the body rests and then uses recuperated energy to repair itself. Fasting is thus the quickest, safest and most natural practice known to reverse and completely eliminate acute disease. Fasting is also highly effective in arresting, if not reversing, virtually all chronic diseases, provided that cellular integrity and organic structure have not been irreversibly compromised. When cellular integrity and organic structures have been compromised, complete reversal and recovery may not be possible; but arrest of the disease process and higher levels of health can, in most cases, be achieved. (4.0credits)
- DNH – 104
&
HD – 104** **Psychoneuroimmunology: Introduction**
This course provides an excellent overview of the science of Psychoneuroimmunology and its philosophies, which laid the groundwork for modern-day “mind/body” healing techniques in the medical and healing arts worlds. The student’s attention is drawn to the many experiments that prove the authentic concepts indigenous to Psychoneuroimmunology. (4.0 credits)
- DNH – 105
&
HD – 105** **Advanced Natural Health I**
This course presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means. (4.0 credits)

- DNH – 106
&
HD - 106** **Advanced Natural Health II**
This course is a continuation of *Advanced Natural Health I* and further presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in even further depth, the true concepts of the restoration and preservation of natural health by natural, unadulterated means. (4.0 credits)
- DNH – 107
&
HD – 107** **Natural Health Counseling Practice: The Legal Requirements & Responsibilities of a Natural Health & Healing Practitioner:Part I & II**
This course teaches the legal “in’s & out’s” and “do’s & don’t’s” of a “Natural Health Counseling Practice.” The course also presents very advanced and highly effective counseling techniques that will enable the Natural Health Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing successes in their healthful living habits! (Part I: 4.0 credits) (Part II: 4.0 credits)
- DNH – 108
&
HD – 108** **Doctorate’s Thesis or Sports Nutrition & Physiology (Student’s Choice)**
Doctorate’s Thesis
The student will select a thesis statement and develop it into a 3,000-word, typed, double-spaced Doctorate’s Thesis on a specific aspect of natural health, as applied in his or her own life and/or in the lives of others. The student may draw upon any or all of the material from the Doctorate Program in the elaboration of the Doctorate Thesis. (4.0 credits)
- Sports Nutrition & Physiology**
This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the sports physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. “*You are not what you eat but what you assimilate that determines power, strength and endurance.*” (3.0 credits)
- DNH – 109 – E
&
HD – 109 – E** **The Mind of The Spirit**
This course will help you to learn the contrast between the “*flesh*” and “*spirit.*” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: “ — E.” is suggested but NOT required for the above Program

BACHELOR of SCIENCE in HOLISTIC NUTRITION

- BN – 101** **Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten)**
This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)
- BN – 102** **Phytochemical Composition of Foods & Nutrition**
This course examines the analysis of nutrients in various plants and the effects of these nutrients on various parts of the body needed to maintain the processes of health. (4.0 credits)
- BN – 103** **Biological Concepts of Enzymes & Nutrition**
This course examines the catalyzing role of enzymes in food nutrition, digestion, assimilation, and health. (4.0 credits)
- BN – 104** **Humans' Natural Biological Diet**
This course teaches the benefits of eating raw foods as a superior form of nutrition. (4.0 credits)
- BN – 105** **Physiology: Introduction**
This course presents an introductory overview of the study of anatomy and physiological processes of the human body, including the study of some of the body's diseases to which the person who lives outside the Laws of Life is prone. (4.0 credits)
- BN – 106** **Advanced "Applied" Nutrition**
This course details the ideal sources and correct ratios for the three *caloronutrients*, which is referred to as the 80/10/10 diet, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature, and how to correctly utilize and put into practice the

“nutrient-per-calorie” concept for evaluating and analyzing the nutritional content when planning meals. The 80/10/10 Diet makes eating a joy while helping you achieve optimum health and easy weight control. The course also examines the effects of eating raw fruit on specific health conditions, such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)

BN – 107

Neuro Biology of Faith: Introduction

This course will effortlessly help one learn a breakthrough technique that will unleash the full potential of positive and loving thoughts and its healthy effects on one’s emotions. (4.0 credits)

BN – 108

Advanced Neuro Biology of Beliefs

This course will teach you why your brain is the hardware of your soul and the very essence of a human being. It will teach you scientific evidence that your anxiety, depression, anger, obsessive and compulsive behaviors are related to the Neuro Biological workings of your brain. (4.0 credits)

BN – 109

Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet

This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person’s power, strength and endurance by as much, at times, as 50% to 100%. Unlike the “Nutrition Dietitians,” we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our “Holistic nutrition Experts” promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)

BN – 110 - E

The Nature of Spirituality

This course will help you as a Christian servant of God to learn the characteristics of *spirituality* according to the Christian Holy Scriptures, and how to become filled with “spiritual discernment.” (4.0 credits)

Elective marked: “ — E.” is suggested but NOT required for the above Program

MASTER of SCIENCE in HOLISTIC NUTRITION

- MN – 101** **Raising Children Naturally**
This course presents the foundational concepts that should be applied to raising disease-free children. Yes, “disease-free!” (4.0 credits)
- MN – 102** **Advanced Nutrition I**
This course presents the most advanced concept on food nutrition. It is Dr. Herbert M. Shelton’s greatest and most complete work on correct food nutrition and its impact on health. (4.0 credits)
- MN – 103** **Advanced Nutrition II**
This course is a continuation of *Advanced Nutrition I* and further presents the most advanced concept on food nutrition. It is Dr. Herbert M. Shelton’s greatest and most complete work on correct food nutrition and its impact on health. (4.0 credits)
- MN – 104** **Superior Foods & Nutrition**
This course covers the nutritional values (vitamins and minerals) of natural foods and presents the superior advantages of organic farming versus chemical farming. The course also exposes the destructive and unbalanced methods of commercial farming and their toxic effects on human consumption. This course teaches you, step-by-step, with pictured illustrations, how to garden in a home-restricted area, as well as how to farm on a larger piece of land. No horticultural course compares, or is as complete, in its well-rounded wealth of easy to understand and practical information! (4.0 credits)
- MN – 105** **Advanced Natural Lifestyles & Philosophies**
This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life with Meaningful Goals including Loving and Nurturing Relationships. (4.5 credits)
- MN – 106** **Essay: Herbology**
This course exposes the most dangerous of the poisonous components of herbs in common use today and their effects once ingested by the human body. The student will select a thesis statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the thesis. (4.0 credits)

MN – 107

Neuro Physiology of Beliefs: Introduction

This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)

MN – 108

Advanced Neuro Physiology of Beliefs

This course will help you develop and maintain a magnificent mind by increasing your memory, concentration and free-flowing creativity as well as to develop better impulse controls and mastery over potential addictions. This course will, in addition, help you develop the ability to relax and enjoy all of life's natural pleasures such as satisfying relationships. (4.0 credits)

MN – 109 - E

Spiritualizing Through a Good Physical Conscience®

This course will help you to understand how to cleanse yourself from every form of defilement that contaminates *flesh* or *spirit*. The principles of the Bible require that a Christian must keep *physically* and *spiritually* clean before God. (4.0 credits)

Elective marked: “ — E.” is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in HOLISTIC NUTRITION

- DN – 101** **Maximum, Body Energy & Energy Healing Concepts**
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing of disease. (4.0 credits)
- DN – 102** **Psychoneuroimmunology: Introduction**
This course provides an excellent overview of the science of Psychoneuroimmunology and its philosophies, which laid the groundwork for modern-day “mind/body” healing techniques in the medical and healing arts worlds. The student's attention is drawn to the many experiments that proves the authenticity of the concepts unique to Psychoneuroimmunology. (4.0 credits)
- DN – 103** **Advanced Natural Health I**
This course presents the greatest, Hygienic laws and natural health laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means. (4.0 credits)
- DN – 104** **Advanced Natural Health II**
This course is a continuation of *Advanced Natural Health I* and further presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in even further depth, the true concepts of the restoration and preservation of natural health by natural, unadulterated means. (4.0 credits)
- DN – 105** **Holistic Nutritional Counseling Practice: The Legal Requirements & Responsibilities of a Holistic Nutrition Practitioner: Part I & II**
This course teaches the legal “in's & out's” and “do's & don't's” of a “Nutritional Counseling Practice.” The course also presents very advanced and highly effective counseling techniques that will enable the Nutritional Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits! (Part I: 4.0 credits) (Part II: 4.0 credits)

DN – 106

Doctorate's Thesis or Sports Nutrition & Physiology (Student's Choice)

Doctorate's Thesis

The student will select a thesis statement and develop it into a 3,000-word, typed, double-spaced Doctorate's Thesis on a specific aspect of holistic nutrition, as applied in his or her own life and/or in the lives of others. The student may draw upon any or all of the material from the Doctorate Program in the elaboration of the Doctorate Thesis. (4.0 credits)

Sports Nutrition & Physiology

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the sports physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. *"You are not what you eat but what you assimilate that determines power, strength and endurance"* (3.0 credits)

DN – 107 - E

The Mind of The Spirit

This course will help you to learn the contrast between the *"flesh"* and *"spirit."* The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: " — E." is suggested but NOT required for the above Program

BACHELOR of ARTS in NATURAL HEALTH & NUTRITION &
MASTER OF ARTS in NATURAL HEALTH & NUTRITION COMBINED

- BND – 101** **PsychoPhysiology**
This course examines the dimensions and aspects of modern *PsychoPhysiology* in relationship to one’s mental, emotional, physiological and spiritual health. This course will help empower every cell of your body, and it will help you energize every creative idea and potential waiting to be released. (4.0 credits)
- BND – 102** **Physiology: Introduction**
This course presents an introductory overview of the study of anatomy and the physiological processes of the human body, including the study of some of the body’s diseases to which the person who lives outside the Laws of Life is prone. (4.0 credits)
- BND – 103** **Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten)**
This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person’s power, strength and endurance by as much, at times, as 50% to 100%. Unlike the “Nutrition Dietitians,” we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our “Holistic nutrition Experts” promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)
- BND – 104** **Advanced Natural Lifestyles & Philosophies**
This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life with Meaningful Goals including Loving and Nurturing Relationships. (4.5 credits)

- BND – 105** **Raising Children Naturally**
This course presents the foundational concepts that should be applied to raising disease-free children. Yes, “disease-free!” (4.0 credits)
- BND – 106** **Nature of Human Physiology**
This course examines one of Dr. Shelton’s greatest poetic work on Hygienic, natural health philosophies. Dr. Herbert M. Shelton was considered the greatest Hygienic Doctor of the 20th century. In his teachings, he illustrates the complete concepts of nature and man’s relationship to “the organic laws of life,” laws that must be obeyed, else one suffer the penalties for violating nature’s laws. The student will learn that nature’s movements are always striving upwards toward ultimate health and that violation of these laws results in disease and suffering. (4.0 credits)
- BND – 107** **Advanced Nutrition I**
This course presents the most advanced concept on food nutrition. It is Dr. Herbert M. Shelton’s greatest and most complete work on correct food nutrition and its impact on health. (4.0 credits)
- BND – 108** **Advanced Nutrition II**
This course is a continuation of *Advanced Nutrition I* and further presents the most advanced concept on food nutrition. It is Dr. Herbert M. Shelton’s greatest and most complete work on correct food nutrition and its impact on health. (4.0 credits)
- BND – 109** **Advanced “Applied” Nutrition**
This course details the ideal sources and correct ratios for the three *caloronutrients*, which is referred to as the 80/10/10 diet, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature, and how to correctly utilize the “nutrient-per-calorie” concept for evaluating and analyzing the nutritional content when planning meals. The 80/10/10 Diet makes eating a joy while helping you achieve optimum health and easy weight control. The course also examines the effects of eating raw fruit on specific health conditions, such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)
- BND – 110** **Neuro Biology of Faith: Introduction**
This course will effortlessly help one learn a breakthrough technique that will unleash the full potential of positive and loving thoughts and its healthy effects on one’s emotions. (4.0 credits)

- BND – 111** **Advanced Neuro Biology of Beliefs**
This course will teach you why your brain is the hardware of your soul and the very essence of a human being. It will teach you scientific evidence that your anxiety, depression, anger, obsessive and compulsive behaviors are related to the Neuro Biological workings of your brain. (4.0 credits)
- BND – 112** **Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten)**
This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)
- BND – 113 –E** **The Nature of Spirituality**
This course will help you as a Christian servant of God to learn the characteristics of *spirituality* according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment." (4.0 credits)

Elective marked: " — E." is suggested but NOT required for the above Program

This Program is a prerequisite for the N.D. or the Ph.D. in Holistic Natural Health & Nutrition

DOCTOR of PHILOSOPHY in HOLISTIC NATURAL HEALTH & NUTRITION

- DHNN – 101** **Advanced Behavioral Science of Disease**
This course focuses on the correction of disease through a process referred to as “Orthopathy.” “Ortho” means “upright, correct.” “Pathy” means the “study of disease” or “the study of suffering.” “Disease is right action or right suffering,” says Dr. Jennings, the greatest pathologist of the 19th century. This course covers definitions, etiologies, and very effective, Natural and Hygienic healing formulas for disease as presented by Dr. Herbert M. Shelton.
(4.0 credits)
- DHNN – 102** **Maximum, Body Energy & Energy Healing Concepts**
This course presents the most advanced concepts on how to increase and maintain the body’s maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the preventing and healing of disease.
(4.0 credits)
- DHNN – 103** **Fasting: The Spiritual Art of Restoring & Preserving Health**
This course demystifies the practice of fasting, when ill, and presents the amazing usefulness of the practice in restoring health. During a fast, the body rests and then uses recuperated energy to repair itself. Fasting is thus the quickest, safest and most natural practice known to reverse and completely eliminate acute disease. Fasting is also highly effective in arresting, if not reversing, virtually all chronic diseases, provided that cellular integrity and organic structure have not been irreversibly compromised. When cellular integrity and organic structures have been compromised, complete reversal and recovery may not be possible; but arrest of the disease process and higher levels of health can, in most cases, be achieved.
(4.0 credits)
- DHNN – 104** **Psychoneuroimmunology: Introduction**
This course provides an excellent overview of the science of Psychoneuroimmunology and its philosophies, which laid the groundwork for modern-day “mind/body” healing techniques in the medical and healing arts worlds. The student’s attention is drawn to the many experiments that prove the authenticity of the concepts unique to Psychoneuroimmunology.
(4.0 credits)

- DHNN – 105** **Advanced Natural Health I**
This course presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means. (4.0 credits)
- DHNN – 106** **Advanced Natural Health II**
This course is a continuation of *Advanced Natural Health I* and further presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in even further depth, the true concepts of the restoration and preservation of natural health by natural, unadulterated means. (4.0credits)
- DHNN – 107** **Natural Health Counseling Practice: The Legal Requirements & Responsibilities of a Natural Health Practitioner: Part I & Part II**
This course teaches the legal “in’s & out’s” and “do’s & don’ts” of a “Naturorthopathic Counseling Practice.” The course also presents very advanced and highly effective counseling techniques that will enable the Naturorthopathic Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits! (Part I: 4.0 credits) (Part II: 4.0 credits)
- DHNN – 108** **Essay: Herbology**
This course exposes the most poisonous components of herbs in common use today and their effects once ingested by the human body. The student will select a thesis statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the thesis. (4.0 credits)
- DHNN – 109** **Neuro Physiology of Beliefs: Introduction**
This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)
- DHNN – 110** **Advanced Neuro Physiology of Beliefs**
This course will help you develop and maintain a magnificent mind by increasing your memory, concentration and free-flowing creativity as well as to develop better impulse controls and mastery over potential addictions. This course will, in addition, help you develop the ability to relax and enjoy all of life’s natural pleasures such as satisfying relationships. (4.0 credits)

Doctorate's Thesis or Sports Nutrition & Physiology (Student's Choice)**Doctorate's Thesis**

The student will select a thesis statement and develop it into a 3,000-word, typed, double-spaced Doctorate's Thesis on a specific aspect of holistic nutrition, as applied in his or her own life and/or in the lives of others. The student may draw upon any or all of the material from the Doctorate Program in the elaboration of the Doctorate Thesis. (4.0 credits)

Sports Nutrition & Physiology

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the sports physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. *"You are not what you eat but what you assimilate that determines power, strength and endurance."* (3.0 credits)

DHNN – 112 –E The Mind of The Spirit

This course will help you to learn the contrast between the *"flesh"* and *"spirit."* The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: " — E." is suggested but NOT required for the above Program

NATURORTHOPATHIC™ DOCTOR

ND – 101

Advanced Naturorthopathic™ Science of Disease

This course focuses on the correction of disease through a process referred to as “Orthopathy.” “Ortho” means “upright, correct.” “Pathy” means the “study of disease” or “the study of suffering.” “Disease is right action or right suffering,” says Dr. Jennings, the greatest pathologist of the 19th century. This course covers definitions, etiologies, and very effective, Natural and Hygienic healing formulas for disease as presented by Dr. Herbert M. Shelton.

(4.0 credits)

ND – 102

Maximum, Body Energy & Energy Healing Concepts

This course presents the most advanced concepts on how to increase and maintain the body’s maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the preventing and healing of disease.

(4.0 credits)

ND – 103

Fasting: The Spiritual Art of Restoring & Preserving Health

This course demystifies the practice of fasting, when ill, and presents the amazing usefulness of the practice in restoring health. During a fast, the body rests and then uses recuperated energy to repair itself. Fasting is thus the quickest, safest and most natural practice known to reverse and completely eliminate acute disease. Fasting is also highly effective in arresting, if not reversing, virtually all chronic diseases, provided that cellular integrity and organic structure have not been irreversibly compromised. When cellular integrity and organic structures have been compromised, complete reversal and recovery may not be possible; but arrest of the disease process and higher levels of health can, in most cases, be achieved.

(4.0 credits)

ND – 104

Psychoneuroimmunology: Introduction

This course provides an excellent overview of the science of Psychoneuroimmunology and its philosophies, which laid the groundwork for modern-day “mind/body” healing techniques in the medical and healing arts worlds. The student’s attention is drawn to the many experiments that prove the authenticity of the concepts unique to Psychoneuroimmunology.

(4.0 credits)

ND – 105

Advanced Natural Health I

This course presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means.

(4.0 credits)

- ND – 106** **Advanced Natural Health II**
 This course is a continuation of *Advanced Natural Health I* and further presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in even further depth, the true concepts of the restoration and preservation of natural health by natural, unadulterated means. (4.0credits)
- ND – 107** **Naturorthopathic™ Practice: The Legal Responsibilities & Requirements of a Naturorthopathic Practitioner: Part I & Part II**
 This course teaches the legal “in’s & out’s” and “do’s & don’t’s” of a “Naturorthopathic Counseling Practice.” The course also presents very advanced and highly effective counseling techniques that will enable the Naturorthopathic Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits! (Part I: 4.0 credits) (Part II: 4.0 credits)
- ND – 108** **Essay: Herbology**
 This course exposes the most poisonous components of herbs in common use today and their effects once ingested by the human body. The student will select a thesis statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the thesis. (4.0 credits)
- ND – 109** **Neuro Physiology of Faith: Introduction**
 This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)
- ND – 110** **Advanced Neuro Physiology of Beliefs**
 This course will help you develop and maintain a magnificent mind by increasing your memory, concentration and free-flowing creativity as well as to develop better impulse controls and mastery over potential addictions. This course will, in addition, help you develop the ability to relax and enjoy all of life’s natural pleasures such as satisfying relationships. (4.0 credits)
- ND – 111** **Doctorate’s Thesis or Sports Nutrition & Physiology (Student’s Choice)**
Doctorate’s Thesis
 The student will select a thesis statement and develop it into a 3,000-word, typed, double-spaced Doctorate’s Thesis on a specific aspect of holistic nutrition, as applied in his or her own life and/or in the lives of others. The

student may draw upon any or all of the material from the Doctorate Program in the elaboration of the Doctorate Thesis. (4.0 credits)

Sports Nutrition & Physiology

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the sports physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. “*You are not what you eat but what you assimilate that determines power, strength and endurance.*” (3.0 credits)

ND – 112 –E

The Nature of Spirituality

This course will help you as a Christian servant of God to learn the characteristics of *spirituality* according to the Christian Holy Scriptures, and how to become filled with “spiritual discernment.” (4.0 credits)

Elective marked: “-E.” is suggested but NOT required for the above Program

WHY THE IMPORTANCE OF A DEGREE!

We at the University of Natural Health™ realize that a student may elect to stop furthering their studies after earning just one certificate or degree. It is important to keep in mind, however, that earning one of our Doctorate Degrees would be extremely beneficial regarding the credibility and respect these credentials would command in the eyes of the community members. Not only would a Doctoral Degree be personally and socially beneficial, but the financial rewards after opening a health teaching and counseling business would be greatly increased, as well.

CERTIFIED NATURAL HEALTH PRACTITIONER

- CNHP – 101** **Humans’ Natural Biological Diet**
This course teaches the benefits of eating raw foods as a superior form of nutrition. (4.0 credits)
- CNHP – 102** **Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet**
This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person’s power, strength and endurance by as much, at times, as 50% to 100%. Unlike the “Nutrition Dietitians,” we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our “Holistic Nutrition Experts” promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)
- CNHP – 103** **Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet**
This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person’s power, strength and endurance by as much, at times, as 50% to 100%. Unlike the “Nutrition Dietitians,” we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our “Holistic Nutrition Experts” promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)
- CNHP – 104–E** **The Mind of Spirit**
This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: “-E.” is suggested but NOT required for the above Program

CERTIFIED HOLISTIC NUTRITION PRACTITIONER

CHNP – 101

Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet

This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)

CHNP – 102

Advanced Natural Lifestyles & Philosophies

This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Highly, Motivated and Purposeful Life and Goal, including Loving and Nurturing Relationships. (4.5 credits)

CHNP – 103

Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet

This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)

CHNP – 104 –E The Mind of Spirit

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: “-E.” is suggested but NOT required for the above Program

**CERTIFIED NATURAL HEALTH PRACTITIONER &
CERTIFIED HOLISTIC NUTRITION PRACTITIONER**

- CNH-HNP-101** **Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Diet**
This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)
- CNH-HNP-102** **Advanced Natural Lifestyles & Philosophies**
This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Highly, Motivated and Purposeful Life and Goals including Loving and Nurturing Relationships. (4.5 credits)
- CNH-HNP-103** **Advanced "Applied" Nutrition**
This course details the ideal sources and correct ratios for the three *caloronutrients*, which is referred to as the 80/10/10 diet, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature, and how to correctly utilize the "nutrient-per-calorie" concept for evaluating and analyzing the nutritional content when planning meals. The 80/10/10 Diet makes eating a joy while helping you achieve optimum health and easy weight control. The course also examines the effects of eating raw fruit on specific health conditions, such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)

CNH-HNP-104 **Humans' Natural Biological Diet**

This course teaches the benefits of eating raw foods as a superior form of nutrition. (4.0 credits)

CNH-HNP-105 **Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Diet**

This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)

CNH-HNP- 106 –E The Mind of Spirit

This course will help you to learn the contrast between the "*flesh*" and "*spirit*." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: "-E." is suggested but NOT required for the above Program

WHY THE IMPORTANCE FOR CERTIFICATION!

Our University & Colleges realize that it is important to keep in mind that earning Certification in one of our Certified Programs would be extremely beneficial regarding the credibility and respect these credentials would command in the eyes of the community members. Not only would Certification be personally and socially beneficial, but the financial rewards after opening a health teaching and counseling business would be greatly increased, as well.

"ALL COURSES AND COURSE REQUIREMENTS ARE SUBJECT TO CHANGE AT THE DISCRETION OF THE UNIVERSITY OF NATURAL HEALTH"

Non-Secular Degree Programs Offered

| | |
|---|--------|
| Bachelor of Arts in Holistic Christian Health & Healing | B.A. |
| Master of Arts in Holistic Christian Health & Healing | M.A. |
| Doctor of Philosophy in Holistic Christian Health & Healing | Ph.D. |
| | |
| Bachelor of Arts in Biblical Studies | B.A. |
| Master of Arts in Biblical Studies | M.A. |
| Doctor of Philosophy in Biblical Studies | Ph.D. |
| | |
| Bachelor of Arts in Theology | B.A. |
| Master of Arts in Theology | M.A. |
| Doctor of Theology..... | D.Th. |
| | |
| Bachelor of Arts in Spiritual Counseling | B.A. |
| Master of Arts in Spiritual Counseling | M.A. |
| Doctor of Philosophy in Spiritual Counseling | Ph.D. |
| | |
| Master of Divinity | M.Div. |
| Doctor of Divinity | D.D. |

Ordained Minister & Certification Study Programs

| | |
|--|------------|
| Ordained Minister..... | Min. |
| Ordained Minister License | L. Min. |
| Certified Christologist™ & Certified Ecclesiologist™ | C.C./ E.C. |

Non-Secular Degree-Study Programs

(Tuition) (Monthly Plans)

18 mos. 36 mos.

| | | | |
|--|---------|---------|---------|
| Bachelor of Arts in Biblical Studies..... | \$1,695 | \$55.56 | |
| Master of Arts in Biblical Studies..... | \$1,995 | \$72.23 | |
| Doctor of Philosophy Biblical Studies..... | \$1,995 | \$72.23 | |
| Bachelor of Arts in Theology..... | \$3,295 | | \$72.23 |
| Master of Arts in Theology..... | \$3,495 | | \$77.78 |
| Doctor of Theology..... | \$3,695 | | \$83.84 |
| Bachelor of Arts in Spiritual Counseling..... | \$3,495 | | \$77.78 |
| Master of Arts in Spiritual Counseling..... | \$3,495 | | \$77.78 |
| Doctor of Philosophy Spiritual Counseling..... | \$3,695 | | \$83.84 |
| Bachelor of Arts in Holistic Christian Health & Healing..... | \$3,495 | | \$77.78 |
| Master of Arts in Holistic Christian Health & Healing..... | \$3,695 | | \$83.84 |
| Doctor of Philosophy in Holistic Christian Health & Healing... | \$3,895 | | \$88.89 |
| Master of Divinity..... | \$3,495 | | \$77.78 |
| Doctor of Divinity..... | \$3,695 | | \$83.84 |

Non-Secular Degree Combination Programs

Two Degree Combination Programs

(Tuition) (Monthly Plans)

36 mos. 48 mos.

| | | | |
|--|---------|----------|----------|
| MASTER/DOCTOR of Divinity..... | \$5,395 | \$130.56 | \$97.42 |
| B.A./M.A. in Biblical Studies..... | \$3,295 | \$72.23 | |
| M.A./Ph.D. in Biblical Studies..... | \$3,495 | \$77.78 | |
| B.A./M.A. in Theology..... | \$4,795 | \$113.89 | \$85.42 |
| M.A./D.Th. in Theology..... | \$4,995 | \$119.45 | \$89.59 |
| B.A./M.A. in Spiritual Counseling..... | \$4,795 | \$113.89 | \$85.42 |
| M.A./Ph.D. in Spiritual Counseling..... | \$4,995 | \$119.45 | \$89.59 |
| B.A./M.A. in Holistic Christian Health & Healing..... | \$5,395 | \$130.56 | \$97.42 |
| M.A./Ph.D. in Holistic Christian Health & Healing..... | \$5,895 | \$144.45 | \$108.34 |

Three & Alternative Degree Combination Programs

(Tuition) (Monthly Plans)

36 mos. 60 mos.

| | | | |
|---|---------|----------|----------|
| B.A./M.A./Ph.D. in Biblical Studies..... | \$3,985 | \$94.17 | |
| B.A./M.A./D.Th. in Theology..... | \$6,985 | \$174.73 | \$104.84 |
| B.A./M.A./Ph.D. in Spiritual Counseling..... | \$6,985 | \$174.73 | \$104.84 |
| B.A./M.A./Ph.D. in Holistic Christian Health & Healing..... | \$7,585 | \$191.39 | \$114.84 |

TUITION for ORDAINED MINISTERS & CERTIFIED CHRISTOLOGISTS™ & CERTIFIED ECCLESIOLOGISTS™

(Tuition) (Monthly Plans)

36 mos.

| | | |
|--|---------|---------|
| Ordained Minister Certificate(included in all degree programs) | N/C | |
| Ordained Minister License | \$599 | |
| Certified Christologist™ & Certified Ecclesiologist™..... | \$3,565 | \$79.73 |

An initial deposit of \$695.00 is required on all financed degree programs plus a shipping and handling charge of \$95.00.

NON-SECULAR DEGREE COURSE PROGRAMS

BACHELOR of ARTS in HOLISTIC CHRISTIAN HEALTH & HEALING

| | |
|-------------------|---|
| BSHHN -101 | Christian Organization Defined (Ecclesiology & Christology) |
| BSHHN -102 | Christian Holistic Health & Healing Ministry Defined |
| BSHHN -103 | Ordained Holistic Health & Healing Minister Defined |
| BSHHN -104 | Neuro Biological Science of Faith: Introduction |
| BSHHN -105 | Advanced Neuro Biological Science of Faith |
| BSHHN -106 | Bible Diet Part I: The AAA® (Acid Alkaline Association) |
| BSHHN -107 | Advanced Concepts of Enzymes & Nutrition |
| BSHHN -108 | Anatomy & Physiology: Introduction |
| BSHHN -109 | Advanced Natural Lifestyle Concepts |
| BSHHN -110 | Advanced "Applied" Nutritional Concepts |
| BSHHN -111 | Bible Diet Part II: The AAA® (Acid Alkaline Association) |

MASTER of ARTS in HOLISTIC CHRISTIAN HEALTH & HEALING

| | |
|------------------|---|
| MSHHN-101 | The Nature of Spirituality Defined |
| MSHHN-102 | "Spiritualizing" Through a Good Physical Conscience |
| MSHHN-103 | Blood: The Waters of Life |
| MSHHN-104 | Growing Superior Foods For Superior Nutrition |
| MSHHN-105 | Advanced Behavioral Kinesiology & The Spiritual Levels |
| MSHHN-106 | Composition & Facts About The Powerful Healing Effects of Foods & Nutrients |
| MSHHN-107 | Advanced Human Physiology & Its Spiritual & Physical Nature |
| MSHHN-108 | How to Raise Children Naturally & Spiritually |
| MSHHN-109 | Advanced Nutritional Concepts I (Bible Diet) |
| MSHHN-110 | Advanced Nutritional Concepts II (Bible Diet) |
| MSHHN-111 | Neuro Physiological Science of Faith |
| MSHHN-112 | Advanced Neuro Physiological Science of Faith |
| MSHHN-113 | Essay: Herbology |

DOCTOR of PHILOSOPHY in HOLISTIC CHRISTIAN HEALTH & HEALING

- DSHHN-101** The Science and Behavior of Disease
- DSHHN-102** Maximum Natural Healing & Energy Concepts
- DSHHN-103** Spiritual Fasting: The Restoration & Preservation of Spiritual & Physical Health
- DSHHN-104** Psycho Neuroimmunology & Its Effects on The Immune System
- DSHHN-105** Advanced Natural Health & Healing Concepts I
- DSHHN-106** Advanced Natural Health& Healing Concepts II
- DSHHN-107** Christian Health & Healing Practice: The Legal Requirements of an Ordained Minister
- DSHHN-108** Thesis or The Physiology of Sports Nutrition (**Students Choice**)
- DSHHN-109** The Mind of The Spirit

BACHELOR of ARTS in BIBLICAL STUDIES

| | |
|-----------------|---|
| BSHH-101 | Christian Organization Defined (Ecclesiology & Christology) |
| BSHH-102 | Christian Holistic Health & Healing Ministry Defined |
| BSHH-103 | Ordained Holistic Health & Healing Minister Defined |
| BSHH-104 | Neuro Biological Science of Faith: Introduction |
| BSHH-105 | Advanced Neuro Biological Science of Faith |
| BSHH-106 | Bible Diet Part I: The AAA® (Acid Alkaline Association) |
| BSHH-107 | Bible Diet Part II: The AAA® (Acid Alkaline Association) |

MASTER of ARTS in BIBLICAL STUDIES

| | |
|-----------------|---|
| MSHH-101 | The Nature of Spirituality Defined |
| MSHH-102 | "Spiritualizing" Through a Good Physical Conscience |
| MSHH-103 | Blood: The Waters of Life |
| MSHH-104 | Advanced Neuro Physiological Science of Faith |
| MSHH-105 | Advanced "Applied" Nutritional Concepts |

DOCTOR of PHILOSOPHY in BIBLICAL STUDIES

| | |
|-----------------|--|
| DSHH-101 | The Mind of The Spirit |
| DSHH-102 | Maximum Natural Healing & Energy Concepts |
| DSHH-103 | Advanced Natural Health & Healing Concepts I |
| DSHH-104 | Advanced Natural Health & Healing Concepts II |
| DSHH-105 | Biblical Counseling Practice: The Legal Requirements of an Ordained Minister |

BACHELOR of ARTS in THEOLOGY

| | |
|----------------|---|
| BPT-101 | Spiritual Organization Defined (Ecclesiology & Christology) |
| BPT-102 | Spiritual Holistic Health & Healing Ministry Defined |
| BPT-103 | Neuro Biological Science of Faith: Introduction |
| BPT-104 | Bible Diet Part I: The AAA® (Acid Alkaline Association) |
| BPT-105 | Ordained Holistic Health & Healing Minister Defined |
| BPT-106 | Advanced "Applied" Nutritional Concepts |
| BPT-107 | Essay: Your Role as an Ordained Minister |
| BPT-108 | Bible Diet Part II: The AAA® (Acid Alkaline Association) |

MASTER of ARTS in THEOLOGY

| | |
|----------------|---|
| MPT-101 | The Nature of Spirituality |
| MPT-102 | Advanced Neuro Biological Science of Faith |
| MPT-103 | Composition & Facts About The Powerful Healing Effects of Foods & Nutrients |
| MPT-104 | "Spiritualizing" Through a Good Physical Conscience (Christian Spiritual Healing) |
| MPT-105 | Advanced Nutritional Concepts I |
| MPT-106 | Advanced Nutritional Concepts II |
| MPT-107 | Essay: Spiritual & Physical Cleanliness. Why Both? |

DOCTOR of THEOLOGY

| | |
|----------------|--|
| DTH-101 | Blood: The Waters of Life |
| DTH-102 | The Mind of The Spirit |
| DTH-103 | Maximum Natural Healing & Energy Concepts |
| DTH-104 | Advanced Natural Health & Healing Concepts I |
| DTH-105 | Advanced Natural Health & Healing Concepts II |
| DTH-106 | Spiritual Fasting: The Restoration & Preservation of Spiritual & Physical Health |
| DTH-107 | Advanced Natural Lifestyle Concepts |
| DTH-108 | Pastoral Counseling Practice: The Legal Requirements of an Ordained Minister |
| DTH-109 | Thesis: Defilement of Flesh & Spirit Defined |

BACHELOR of ARTS in SPIRITUAL COUNSELING

| | |
|-----------------|---|
| BSHN-101 | Spiritual Organization Defined (Ecclesiology & Christology) |
| BSHN-102 | Spiritual Holistic Health & Healing Ministry Defined |
| BSHN-103 | Ordained Holistic Health & Healing Minister Defined |
| BSHN-104 | Neuro Biological Science of Faith: Introduction |
| BSHN-105 | Advanced Neuro Biological Science of Faith |
| BSHN-106 | Bible Diet Part I: The AAA® (Acid Alkaline Association) |
| BSHN-107 | Advanced Concepts of Enzymes & Nutrition |
| BSHN-108 | Advanced "Applied" Nutritional Concepts |
| BSHN-109 | Bible Diet Part II: The AAA® (Acid Alkaline Association) |

MASTER of ARTS in SPIRITUAL COUNSELING

| | |
|-----------------|---|
| MSHN-101 | The Nature of Spirituality Defined |
| MSHN-102 | "Spiritualizing" Through a Good Physical Conscience |
| MSHN-103 | Blood: The Waters of Life |
| MSHN-104 | Advanced Neuro Physiological Science of Faith |
| MSHN-105 | Composition & Facts About The Powerful Healing Effects of Foods & Nutrients |
| MSHN-106 | Advanced Nutritional Concepts I |
| MSHN-107 | Advanced Nutritional Concepts II |
| MSHN-108 | Advanced Natural Lifestyle Concepts |

DOCTOR of PHILOSOPHY in SPIRITUAL COUNSELING

| | |
|-----------------|--|
| DSHN-101 | Maximum Natural Healing & Energy Concepts |
| DSHN-102 | The Mind of The Spirit |
| DSHN-103 | Advanced Natural Health & Healing Concepts I |
| DSHN-104 | Advanced Natural Health & Healing Concepts II |
| DSHN-105 | Biblical Counseling Practice: The Legal Requirements of an Ordained Minister |
| DSHN-106 | Thesis or The Physiology of Sports Nutrition (Students Choice) |

MASTER of DIVINITY

| | |
|---------------|---|
| MD-101 | Spiritual Organization Defined (Ecclesiology & Christology) |
| MD-102 | Spiritual Holistic Health & Healing Ministry Defined |
| MD-103 | Bible Diet Part I: The AAA® (Acid Alkaline Association) |
| MD-104 | Advanced Natural Lifestyle Concepts |
| MD-105 | Neuro Biological Science of Faith: Introduction |
| MD-106 | Ordained Holistic Health & Healing Minister Defined |
| MD-107 | Advanced "Applied" Nutritional Concepts |
| MD-108 | Essay: Your Role as an Ordained Minister |
| MD-109 | Bible Diet Part II: The AAA® (Acid Alkaline Association) |

DOCTOR of DIVINITY

| | |
|---------------|--|
| DD-101 | The Nature of Spirituality |
| DD-102 | "Spiritualizing" through a Good Physical Conscience |
| DD-103 | Advanced Natural Health & Healing Concepts I |
| DD-104 | Advanced Natural Health & Healing Concepts II |
| DD-105 | The Mind of The Spirit |
| DD-106 | Bible Diet Part I: The AAA® (Acid Alkaline Association) |
| DD-107 | Bible Diet Part II: The AAA® (Acid Alkaline Association) |
| DD-108 | Blood: The Waters of Life |
| DD-109 | Pastoral Counseling Practice: The Legal Requirements of an Ordained Minister |
| DD-110 | Research Paper: Divinity versus Christian Divinity Defined |

WHY THE IMPORTANCE OF A DEGREE!

Our University & Colleges realize that a student may elect to stop furthering their studies after earning just one certificate or degree. It is important to keep in mind, however, that earning one of our Doctorate Degrees would be extremely beneficial regarding the credibility and respect these credentials would command in the eyes of the community members. Not only would a Doctoral Degree be personally and socially beneficial, but the financial rewards after opening a health teaching and counseling business would be greatly increased, as well.

Ordained Minister & Certification Study Program

Ordained Minister Study Programs

ORDAINED MINISTER LICENSE

| | |
|------------------|---|
| OML – 101 | Spiritual Organization Defined (Ecclesiology & Christology) |
| OML – 102 | Spiritual Holistic Health & Healing Ministry Defined |
| OML – 103 | Ordained Holistic Health & Healing Minister Defined |
| OML – 104 | The Nature of Spirituality – Defined |
| OML – 105 | “Spiritualizing” Through a Good Physical Conscience® |
| OML – 106 | Blood: The Waters of Life |
| OML – 107 | The Mind of The Spirit |

CERTIFIED CHRISTOLOGIST™ & CERTIFIED ECCLESIOLOGIST™

| | |
|-----------------|--|
| EC – 101 | Spiritual Organization Defined (Ecclesiology & Christology) |
| EC – 102 | Spiritual Holistic Health & Healing Ministry Defined |
| EC – 103 | Ordained Holistic Health & Healing Minister Defined |
| EC – 104 | The Nature of Spirituality - Defined |
| EC – 105 | Spiritualizing Through a Good Physical Conscience® |
| EC – 106 | Blood: The Waters of Life |
| EC – 107 | The Mind of The Spirit |
| EC – 108 | Advanced Natural Lifestyle Concepts |
| EC – 109 | Advanced “Applied” Nutritional Concepts |
| EC – 110 | Bible Diet Part I: The AAA® (Acid Alkaline Association) |
| EC – 111 | Bible Diet Part II: The AAA® (Acid Alkaline Association) |
| EC – 112 | Advanced Natural Health & Healing Concepts I |
| EC – 113 | Advanced Natural Health & Healing Concepts II |
| EC – 114 | Biblical Counseling Practice: The Legal Requirements of an Ordained Minister |

SPIRITUAL & HOLISTIC CHRISTIAN HEALTH & HEALING DEGREE PROGRAM

BACHELOR of ARTS in HOLISTIC CHRISTIAN HEALTH & HEALING

BSHHN – 101 Christian Organization Defined (Ecclesiology & Christology)

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowshiping, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

Christology is the study of the person of Christ, His life, His ministry, His sacrifice, His commandments, and His sacrifice as our savior. In short, without an understanding of the character of Christ, your ministry is doomed to fail. (Proverbs 19:2)

We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events. (4.0 credits)

BSHHN – 102 Christian Holistic Health & Healing Ministry Defined

This course will help you understand the responsibilities of a Holistic Health & Healing Christian Ministry. As a Christian Holistic Health & Healing Minister, you will learn God's Divine purpose for the various Christian Healing Ministries that we as Christians have been entrusted and called upon to perform for the spiritual and physical benefit of all living creatures. (3.0 credits)

BSHHN – 103 Ordained Holistic Health & Healing Minister Defined

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards Pristine "spiritual and physical" Health. (4.0 credits)

- BSHHN – 104** **Neuro Biological Science of Faith: Introduction**
This course brings Biblical principles and Neuro biological sciences working synergistically together to encourage the full potential of positive and loving thoughts on emotions that will enhance optimum spiritual and physical health.
(4.5 credits)
- BSHHN – 105** **Advanced Neuro Biological Science of Faith**
This course will teach you the Biblical and Scientific evidence why your emotions such as Love, Anger, Anxiety, Joy and Depression are related to the Neuro Biological functions of the brain.
(4.5 credits)
- BSHHN – 106** **Bible Diet Part I: The AAA® (Acid Alkaline Association)**
This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat and how to avoid foods that can defile the flesh and pollute the blood, such as chemical additives, preservatives and mercury found in fish. You will also learn to be mindful that the foods you eat need to be properly combined for optimum nutrition and health, including the healthy dietary practices of making up the bulk of your diet with fruits and vegetables and avoiding refined and other processed foods.
(4.5 credits)
- BSHHN – 107** **Advanced Concepts of Enzymes & Nutrition**
This course will teach you the importance and functions of enzymes required for superior digestion and assimilation of food nutrients, which in turn are required for optimum nutrition for the restoration and maintenance of the body's energy and self healing powers so the body can attain the maximum health, power, and strength of our God given physiological and biological body functions.
(4.5 credits)
- BSHHN – 108** **Anatomy & Physiology: Introduction**
This course is the basic study of the human anatomical composition & physiological processes of the human body in relation to what constitutes a healthy or diseased body condition.
(4.5 credits)
- BSHHN – 109** **Advanced Natural Lifestyle Concepts**
This course covers the laws of nature required to attain superior health, power, strength and endurance. First, we need to learn how to "Remove The Cause of Physiological and Biological diseases aside from violating the spiritual laws of God by avoiding defiling the flesh. The Israelites were given many laws in the Bible in relationship to food and lifestyle habits so they could avoid defiling the flesh which would be viewed as unclean before the eyes of God. This means freedom from various addictions such as overeating, acid-forming foods

and other fleshly desires including unloving relationships whether personal or professional. We must learn to include outside activities such as fresh air and exercise, adequate rest and sleep so we can awake refreshed to perform our daily activities with vim and vigor and to our utmost Christian potential.

(4.5 credits)

BSHHN – 110 **Advanced "Applied" Nutritional Concepts**

This course reveals man's true dietetic nature related to the consumption of raw fruits and vegetables according to the laws of nature created by God. This course details the nutritional and healing ability and force that nutrients of fruits and vegetables can exert on such conditions as heart disease, Candida, cancer, nutrient deficiencies, diabetes, weight control or weight loss and many other debilitating conditions.

(4.5 credits)

BSHHN – 111 **Bible Diet Part II: The AAA® (Acid Alkaline Association)**

This course is a continuation of The Bible Diet Part I. You will learn how the Bible Diet provides Christians with nature's natural nutrients for optimum health, power, strength and endurance. It is also excellent for weight loss. The Bible Diet, of course, is the ultimate diet to help anyone attain the highest level of pristine natural and vibrant health and avoid the defilement of flesh and spirit before God.

(4.5 credits)

MASTER of ARTS in HOLISTIC CHRISTIAN HEALTH & HEALING

MSHHN – 101 The Nature of Spirituality Defined

This course will help you as a Christian servant of God to learn the characteristics of *spirituality* according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment." (4.5 credits)

MSHHN – 102 "Spiritualizing" Through a Good Physical Conscience

This course will help you to understand how to cleanse yourself from every form of defilement that contaminates flesh or spirit. The principles of the Bible require that a Christian must keep physically and spiritually clean before God. (4.5 credits)

MSHHN – 103 Blood: The Waters of Life

This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use. (4.5 credits)

MSHHN – 104 Growing Superior Foods For Superior Nutrition

This course will teach you why growing organic foods contain the full complement of vitamins and minerals for superior nutrition versus growing foods which contain only four or five commercial mineral fertilizers that are inferior and lack the full complement of vitamins and minerals which would deprive the body of superior health. This course will also teach the student why organically grown foods that are pesticide free will lead to superior health versus commercially grown foods that contain pesticides will only deprive the body of superior health while being a potential source and cause of human disease. (4.5 credits)

MSHHN – 105 Advanced Behavioral Kinesiology & The Spiritual Levels

This course will teach a truth technique that will assist an individual to use the full potential of one's mind and heart to explore how thoughts, whether motivated by the fruitages of the spirit or flesh, can affect our emotions that could have a positive or negative influence on our life and the life of others. (4.5 credits)

- MSHHN – 106** **Composition & Facts About The Powerful Healing Effects of Foods & Nutrients**
This course teaches the various food nutrients found in plants and herbs that will address most human deficiencies such as calcium, magnesium, potassium, phosphorous and many other macro and micro minerals including vitamins such as B-12, C, D, E, U, B-17, and many other vitamins known and unknown that are required for optimum health, power, strength and endurance. (4.5 credits)
- MSHHN – 107** **Advanced Human Physiology & Its Spiritual & Physical Nature**
This course examines the full human anatomical and physiological relationship to each other and how they impact a state of health or disease. (4.5 credits)
- MSHHN – 108** **How to Raise Children Naturally & Spiritually**
This course will teach you how to physiologically and spiritually raise children naturally so as Christian parents you can help them to avoid defiling the flesh due to living an unnatural lifestyle, which would needlessly lead to early childhood diseases and possibly death. Parents must possess the God given knowledge and wisdom on how to raise their children naturally according to Biblical principles since the creation of man and woman. (4.5 credits)
- MSHHN – 109** **Advanced Nutritional Concepts I (Bible Diet)**
This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat. You will learn the functions of calories, vitamins and minerals within your body. You will also discover the close relationship between soil health, plant health, and human health and how denatured soils affect the nutrient content of the foods you eat. (4.5 credits)
- MSHHN – 110** **Advanced Nutritional Concepts II (Bible Diet)**
This course is a continuation of Advanced Nutrition I. You will learn how to properly combine foods for optimum nutrition and health. You will also understand the mental influences of nutrition, particularly how bread is considered the "Staff of Death" and how denatured foods, pasteurized foods, and eating of flesh can be harmful to the health and strength of your mind and body. (4.5 credits)
- MSHHN – 111** **Neuro Physiological Science of Faith**
This course will help you to develop your incredibly God given mind and faith to its full potential by increasing memory, creativity, as well as self control of your emotions related to harmful addictions and fleshly behaviors. (4.5 credits)

MSHHN – 112 **Advanced Neuro Physiological Science of Faith**

This course will help you to develop your incredibly God given mind and faith to its full potential by increasing memory, creativity, as well as self control of your emotions related to harmful addictions and fleshly behaviors.

(4.5 credits)

MSHHN – 113 **Essay: Herbology**

This course exposes the most dangerous of the poisonous components of herbs in common use today and their effects once ingested by the human body. The student will select a thesis statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the thesis.

(4.5 credits)

DOCTOR of PHILOSOPHY in HOLISTIC CHRISTIAN HEALTH & HEALING

DSHHN – 101 The Science and Behavior of Disease

This course will teach you why disease is "right" action and why suppressing or treating symptoms are "wrong" action. You must learn how to "Remove The Cause" of disease so there will be no need to palliate symptoms. If you do not "Remove The Cause of Disease", the symptoms will continue to persist and eventually the cause of disease could lead to larger consequences and permanent painful conditions including death. So, you will learn the knowledge and wisdom of allowing the body to heal itself naturally, as nature intended without human misguided interference. (4.5 credits)

DSHHN – 102 Maximum Natural Healing & Energy Concepts

This course will teach you the marvelous designs of the body's energy and ability of its self healing power that our creator has endowed the human body so it can attain maximum health. (4.5 credits)

DSHHN – 103 Spiritual & Physical Fasting: The Restoration & Preservation of Spiritual & Physical Health

Spiritual and Physical Fasting can save your life by ridding the mind and body of toxins whether they are spiritually or physically related. Spiritual and Physical Fasting can begin the true art of healing and restoration of the mind and body back to optimum health, power, strength and endurance. Fasting, overall, can help to accelerate the healing process of the body whether it is mind, bone, muscle, joint or blood. The body's creative design is more intelligent than any human intervention in relation to the physiological and biological repairs and healing of the body. Fasting allows the body to perform at its optimum physiological and biological functions more proficiently. (4.5 credits)

DSHHN – 104 Psycho Neuroimmunology & Its Effects on The Immune System

This course provides the modern day science which laid the ground work for "mind-body healing" techniques. There are many clinical trials and research in this course that prove the authenticity of these concepts. (4.5 credits)

DSHHN – 105 Advanced Natural Health & Healing Concepts I

This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)

- DSHHN – 106** **Advanced Natural Health & Healing Concepts II**
This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)
- DSHHN – 107** **Christian Health & Christian Healing Practice: The Legal Requirements of an Ordained Minister**
This course teaches the legal "ins & outs" and "dos & don'ts" of a "Christian Health & Christian Spiritual Healing Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Christian Health & Christian Healing Minister/Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits!
(Part I: 8.5 credits) (Part II: 8.5 credits)
- DSHHN – 108** **Thesis or The Physiology of Sports Nutrition (Student's Choice)**
- Doctorate's Thesis (Choice #1)**
The student can select a thesis composed of 2500 words, typed and double-spaced, on any spiritual aspect of Holistic Nutrition or Holistic Natural Health & Healing as applied in one's own life or the life of others. The student may draw upon any course material contained in this doctorate program.
(4.5 credits)
- The Physiology of Sports Nutrition (Choice #2)**
This course is a 21st century study on the physiology of sports nutrition on the human body for maximum health, power, strength and endurance. (4.5 credits)
- DSHHN – 109** **The Mind of The Spirit**
This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This Bible course will teach you that if you "sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (3.0 credits)

BACHELOR of ARTS in BIBLICAL STUDIES

BSHH – 101 Christian Organization Defined (Ecclesiology & Christology)

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowshiping, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

Christology is the study of the person of Christ, His life, His ministry, His sacrifice, His commandments, and His sacrifice as our savior. In short, without an understanding of the character of Christ, your ministry is doomed to fail. (Proverbs 19:2)

We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events. (4.0 credits)

BSHH – 102 Christian Holistic Health & Healing Ministry Defined

This course will help you understand the responsibilities of a Holistic Health & Healing Christian Ministry. As a Christian Holistic Health & Healing Minister, you will learn God's Divine purpose for the various Christian Healing Ministries that we as Christians have been entrusted and called upon to perform for the spiritual and physical benefit of all living creatures. (3.0 credits)

BSHH – 103 Ordained Holistic Health & Healing Minister Defined

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards Pristine "spiritual and physical" Health. (4.0 credits)

BSHH – 104 Neuro Biological Science of Faith: Introduction

This course brings Biblical principles and Neuro biological sciences working synergistically together to encourage the full potential of positive and loving thoughts on emotions that will enhance optimum spiritual and physical health. (4.5 credits)

BSHH – 105

Advanced Neuro Biological Science of Faith

This course will help you to develop your incredibly God given mind and faith to its full potential by increasing memory, creativity, as well as self control of your emotions related to harmful addictions and fleshly behaviors. (4.5 credits)

BSHH – 106

Bible Diet Part I: The AAA® (Acid Alkaline Association)

This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat and how to avoid foods that can defile the flesh and pollute the blood, such as chemical additives, preservatives and mercury found in fish. You will also learn to be mindful that the foods you eat need to be properly combined for optimum nutrition and health, including the healthy dietary practices of making up the bulk of your diet with fruits and vegetables and avoiding refined and other processed foods. (4.5 credits)

BSHH – 107

Bible Diet Part II: The AAA® (Acid Alkaline Association)

This course is a continuation of The Bible Diet Part I. You will learn how the Bible Diet provides Christians with nature's natural nutrients for optimum health, power, strength and endurance. It is also excellent for weight loss. The Bible Diet, of course, is the ultimate diet to help anyone attain the highest level of pristine natural and vibrant health and avoid the defilement of flesh and spirit before God. (4.5 credits)

MASTER of ARTS in BIBLICAL STUDIES

- MSHH – 101** **The Nature of Spirituality Defined**
This course will help you as a Christian servant of God to learn the characteristics of spirituality according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment." (4.5 credits)
- MSHH – 102** **"Spiritualizing" Through a Good Physical Conscience**
This course will help you to understand how to cleanse yourself from every form of defilement that contaminates flesh or spirit. The principles of the Bible require that a Christian must keep physically and spiritually clean before God. (4.5 credits)
- MSHH – 103** **Blood: The Waters of Life**
This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use. (4.5 credits)
- MSHH – 104** **Advanced Neuro Physiological Science of Faith**
This course will help you to develop your incredibly God given mind and faith to its full potential by increasing memory, creativity, as well as self control of your emotions related to harmful addictions and fleshly behaviors. (4.5 credits)
- MSHH – 105** **Advanced "Applied" Nutritional Concepts**
This course reveals man's true dietetic nature related to the consumption of raw fruits and vegetables according to the laws of nature created by God. This course details the nutritional and healing ability and force that nutrients of fruits and vegetables can exert on such conditions as heart disease, Candida, cancer, nutrient deficiencies, diabetes, weight control or weight loss and many other debilitating conditions . (4.5 credits)

DOCTOR of PHILOSOPHY in BIBLICAL STUDIES

- DSHH – 101** **The Mind of The Spirit**
This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (3.0 credits)
- DSHH – 102** **Maximum Natural Healing & Energy Concepts**
This course will teach you the marvelous designs of the body's energy and ability of its self healing power that our creator has endowed the human body so it can attain maximum health. (4.0 credits)
- DSHH – 103** **Advanced Natural Health & Healing Concepts I**
This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)
- DSHH – 104** **Advanced Natural Health & Healing Concepts II**
This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)
- DSHH – 105** **Bible Counseling Practice: The Legal Requirements of an Ordained Minister**
This course teaches the legal "ins & outs" and "dos & don'ts" of a "Biblical Counseling Practice." It presents very advanced and highly effective counseling techniques that will enable the Biblical Holistic Health Counselor/Minister to show clients how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits! (Part I: 8.5. credits) (Part II: 8.5 credits)

BACHELOR OF ARTS IN THEOLOGY

BPT-101

Spiritual Organization Defined (Ecclesiology & Christology)

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowship, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

Christology is the study of the person of Christ, His life, His ministry, His sacrifice, His commandments, and His sacrifice as our savior. In short, without an understanding of the character of Christ, your ministry is doomed to fail. (Proverbs 19:2)

We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events. (4.0 credits)

BPT-102

Spiritual Holistic Health & Healing Ministry Defined

This course will help you understand the responsibilities of a Holistic Health & Healing Christian Ministry. As a Christian Holistic Health & Healing Minister, you will learn God's Divine purpose for the various Christian Healing Ministries that we as Christians have been entrusted and called upon to perform for the spiritual and physical benefit of all living creatures. (3.0 credits)

BPT-103

Neuro Biological Science of Faith: Introduction

This course brings Biblical principles and Neuro biological sciences working synergistically together to encourage the full potential of positive and loving thoughts on emotions that will enhance optimum spiritual and physical health. (4.5 credits)

BPT-104

Bible Diet Part I: The AAA® (Acid Alkaline Association)

This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat and how to avoid foods that can defile the flesh and pollute the blood, such as chemical additives, preservatives and mercury found in fish. You will also learn to be mindful that the foods you eat need to be properly combined for optimum

nutrition and health, including the healthy dietary practices of making up the bulk of your diet with fruits and vegetables and avoiding refined and other processed foods. (4.5 credits)

BPT-105

Ordained Holistic Health & Healing Minister Defined

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards pristine "spiritual and physical" Health. (4.0 credits)

BPT-106

Advanced "Applied" Nutritional Concepts

This course reveals man's true dietetic nature related to the consumption of raw fruits and vegetables according to the laws of nature created by God. This course details the nutritional and healing ability and force that nutrients of fruits and vegetables can exert on such conditions as heart disease, Candida, cancer, nutrient deficiencies, diabetes, weight control or weight loss and many other debilitating conditions. (4.5 credits)

BPT-107

Essay: Your Role as an Ordained Minister

(500 Words)

BPT-108

Bible Diet Part II: The AAA® (Acid Alkaline Association)

This course is a continuation of The Bible Diet Part I. You will learn how the Bible Diet provides Christians with nature's natural nutrients for optimum health, power, strength and endurance. It is also excellent for weight loss. The Bible Diet, of course, is the ultimate diet to help anyone attain the highest level of pristine natural and vibrant health and avoid the defilement of flesh and spirit before God. (4.5 credits)

MASTER OF ARTS IN THEOLOGY

- MPT-101** **The Nature of Spirituality (Spiritual Disciplines) (Spiritual Wellness)**
This course will help you as a Christian servant of God to learn the characteristics of spirituality according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment." (4.5 credits)
- MPT-102** **Advanced Neuro Biological Science of Faith**
This course will teach you the Biblical and Scientific evidence why your emotions such as Love, Anger, Anxiety, Joy and Depression are related to the Neuro Biological functions of the brain. (4.5 credits)
- MPT-103** **Composition & Facts About The Powerful Healing Effects of Foods & Nutrients**
This course teaches the various food nutrients found in plants and herbs that will address most human deficiencies such as calcium, magnesium, potassium, phosphorous and many other macro and micro minerals including vitamins such as B-12, C, D, E, U, B-17, and many other vitamins known and unknown that are required for optimum health, power, strength and endurance. (4.5 credits)
- MPT-104** **"Spiritualizing" Through a Good Physical Conscience (Christian Spiritual Healing)**
This course will help you to understand how to cleanse yourself from every form of defilement that contaminates flesh or spirit. The principles of the Bible require that a Christian must keep physically and spiritually clean before God. (4.5 credits)
- MPT-105** **Advanced Nutritional Concepts I**
This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat. You will learn the functions of calories, vitamins and minerals within your body. You will also discover the close relationship between soil health, plant health, and human health and how denatured soils affect the nutrient content of the foods you eat. (4.5 credits)

MPT-106**Advanced Nutritional Concepts II**

This course is a continuation of Advanced Nutrition I. You will learn how to properly combine foods for optimum nutrition and health. You will also understand the mental influences of nutrition, particularly how bread is considered the "Staff of Death" and how denatured foods, pasteurized foods, and eating of flesh can be harmful to the health and strength of your mind and body. (4.5 credits)

MPT-107**Essay: Spiritual & Physical Cleanliness. Why Both?**

(500 Word Essay)

(4.0 credits)

DOCTOR OF THEOLOGY

- DTH-101** **Blood: The Waters of Life (Spiritual Cleansing) (Christian Healing)**
This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use. (4.5 credits)
- DTH-102** **The Mind of The Spirit (Spiritual Development) (Spiritual Life)**
This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live." (3.0 credits)
- DTH-103** **Maximum Natural Healing & Energy Concepts**
This course will teach you the marvelous designs of the body's energy and ability of its self healing power that our creator has endowed the human body so it can attain maximum health. (4.5 credits)
- DTH-104** **Advanced Natural Health & Healing Concepts I**
This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)
- DTH-105** **Advanced Natural Health & Healing Concepts II**
This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)
- DTH-106** **Spiritual & Physical Fasting**
The Restoration & Preservation of Spiritual & Physical Health Spiritual and Physical Fasting can save your life by ridding the mind and body of toxins whether they are spiritually or physically related. Spiritual and Physical Fasting can begin the true art of healing and restoration of the mind and body back to optimum health, power, strength and endurance. Fasting, overall, can help to accelerate the healing process of the body whether it is mind, bone, muscle, joint or blood. The body's creative design is more intelligent than any human intervention in relation to the physiological and biological repairs and healing of the body. Fasting allows the body to perform at its optimum physiological and biological functions more proficiently. (4.5 credits)

DTH-107**Advanced Natural Lifestyle Concepts**

This course covers the laws of nature required to attain superior health, power, strength and endurance. First, we need to learn how to "Remove The Cause of Physiological and Biological diseases aside from violating the spiritual laws of God by avoiding defiling the flesh. The Israelites were given many laws in the Bible in relationship to food and lifestyle habits so they could avoid defiling the flesh which would be viewed as unclean before the eyes of God. This means freedom from various addictions such as overeating, acid-forming foods and other fleshly desires including unloving relationships whether personal or professional. We must learn to include outside activities such as fresh air and exercise, adequate rest and sleep so we can awake refreshed to perform our daily activities with vim and vigor and to our utmost Christian potential.

(4.5 credits)

DTH-108**Pastoral Counseling: The Legal Practice of an Ordained Minister**

This course teaches the legal "ins & outs" and "dos & don'ts" of a "Pastoral Counseling Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Pastoral Counselor/Minister to show clients and students how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits!

(Part I: 4.5. credits) (Part II: 4.5 credits)

DTH-109**Thesis: Defilement of Flesh & Spirit Defined**

(2000 Words)

(4.5 credits)

BACHELOR of ARTS in SPIRITUAL COUNSELING

BSHN – 101

Spiritual Organization Defined (Ecclesiology & Christology)

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowshiping, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

Christology is the study of the person of Christ, His life, His ministry, His sacrifice, His commandments, and His sacrifice as our savior. In short, without an understanding of the character of Christ, your ministry is doomed to fail. (Proverbs 19:2)

We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events. (4.0 credits)

BSHN – 102

Spiritual Holistic Health & Healing Ministry Defined

This course will help you understand the responsibilities of a Holistic Health & Healing Christian Ministry. As a Christian Holistic Health & Healing Minister, you will learn God's Divine purpose for the various Christian Healing Ministries that we as Christians have been entrusted and called upon to perform for the spiritual and physical benefit of all living creatures. (3.0 credits)

BSHN – 103

Ordained Holistic Health & Healing Minister Defined

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards pristine "spiritual and physical" Health. (4.0 credits)

BSHN – 104

Neuro Biological Science of Faith: Introduction

This course brings Biblical principles and Neuro biological sciences working synergistically together to encourage the full potential of positive and loving thoughts on emotions that will enhance optimum spiritual and physical health. (4.5 credits)

- BSHN – 105** **Advanced Neuro Biological Science of Faith**
This course will teach you the Biblical and Scientific evidence why your emotions such as Love, Anger, Anxiety, Joy and Depression are related to the Neuro Biological functions of the brain. (4.5 credits)
- BSHN – 106** **Bible Diet Part I: The AAA® (Acid Alkaline Association)**
This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat and how to avoid foods that can defile the flesh and pollute the blood, such as chemical additives, preservatives and mercury found in fish. You will also learn to be mindful that the foods you eat need to be properly combined for optimum nutrition and health, including the healthy dietary practices of making up the bulk of your diet with fruits and vegetables and avoiding refined and other processed foods. (4.5 credits)
- BSHN – 107** **Advanced Concepts of Enzymes & Nutrition**
This course will teach you the importance and functions of enzymes required for superior digestion and assimilation of food nutrients, which are required for optimum nutrition for the restoration and preservation of the body's energy and self healing powers so the body can attain the maximum health, power, and strength of our God given physiological and biological body functions. (4.5 credits)
- BSHN – 108** **Advanced "Applied" Nutritional Concepts**
This course reveals man's true dietetic nature related to the consumption of raw fruits and vegetables according to the laws of nature created by God. This course details the nutritional and healing ability and force that nutrients of fruits and vegetables can exert on such conditions as heart disease, Candida, cancer, nutrient deficiencies, diabetes, weight control or weight loss and many other debilitating conditions. (4.5 credits)
- BSHN – 109** **Bible Diet Part II: The AAA® (Acid Alkaline Association)**
This course is a continuation of The Bible Diet Part I. You will learn how the Bible Diet provides Christians with nature's natural nutrients for optimum health, power, strength and endurance. It is also excellent for weight loss. The Bible Diet, of course, is the ultimate diet to help anyone attain the highest level of pristine natural and vibrant health and avoid the defilement of flesh and spirit before God. (4.5 credits)

MASTER of ARTS in SPIRITUAL COUNSELING

- MSHN – 101** **The Nature of Spirituality Defined**
This course will help you as a Christian servant of God to learn the characteristics of spirituality according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment."
(4.5 credits)
- MSHN – 102** **Spiritualizing Through a Good Physical Conscience**
This course will help you to understand how to cleanse yourself from every form of defilement that contaminates flesh or spirit. The principles of the Bible require that a Christian must keep physically and spiritually clean before God.
(4.5 credits)
- MSHN – 103** **Blood: The Waters of Life**
This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use.
(4.5 credits)
- MSHN – 104** **Advanced Neuro Physiological Science of Faith**
This course will help you to develop your incredibly God given mind and faith to its full potential by increasing memory, creativity, as well as self control of your emotions related to harmful addictions and fleshly behaviors. (4.5 credits)
- MSHN – 105** **Composition & Facts About The Powerful Healing Effects of Foods & Nutrients**
This course teaches the various food nutrients found in plants and herbs that will address most human deficiencies such as calcium, magnesium, potassium, phosphorous and many other macro and micro minerals including vitamins such as B-12, C, D, E, U, B-17, and many other vitamins known and unknown that are required for optimum health, power, strength and endurance.
(4.5 credits)
- MSHN – 106** **Advanced Nutritional Concepts I**
This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat. You will learn the functions of calories, vitamins and minerals within your body. You will also discover the close relationship between soil health, plant health, and human health and how denatured soils affect the nutrient content of the foods you eat.
(4.5 credits)

MSHN – 107**Advanced Nutritional Concepts II**

This course is a continuation of Advanced Nutrition I. You will learn how to properly combine foods for optimum nutrition and health. You will also understand the mental influences of nutrition, particularly how bread is considered the "Staff of Death" and how denatured foods, pasteurized foods, and eating of flesh can be harmful to the health and strength of your mind and body. (4.5 credits)

MSHN – 108**Advanced Natural Lifestyle Concepts**

This course covers the laws of nature required to attain superior health, power, strength and endurance. First, we need to learn how to "Remove The Cause of Physiological and Biological diseases aside from violating the spiritual laws of God by avoiding defiling the flesh. The Israelites were given many laws in the Bible in relationship to food and lifestyle habits so they could avoid defiling the flesh which would be viewed as unclean before the eyes of God. This means freedom from various addictions such as overeating, acid-forming foods and other fleshly desires including unloving relationships whether personal or professional. We must learn to include outside activities such as fresh air and exercise, adequate rest and sleep so we can awake refreshed to perform our daily activities with vim and vigor and to our utmost Christian potential. (4.5 credits)

DOCTOR of PHILOSOPHY IN SPIRITUAL COUNSELING

- DSHN – 101** **Maximum Natural Healing & Energy Concepts**
This course will teach you the marvelous designs of the body's energy and ability of its self healing power that our creator has endowed the human body so it can attain maximum health. (4.5 credits)
- DSHN – 102** **The Mind of The Spirit**
This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live." (3.0 credits)
- DSHN – 103** **Advanced Natural Health & Healing Concepts I**
This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)
- DSHN – 104** **Advanced Natural Health & Healing Concepts II**
This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)
- DSHN – 105** **Biblical Counseling Practice: The Legal Requirements of an Ordained Minister**
This course teaches the legal "ins & outs" and "dos & don'ts" of a "Biblical Health techniques that will enable the Biblical Counselor/Minister to show clients and students how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits!
(Part I: 8.5. credits) (Part II: 8.5 credits)
- DSHN – 106** **Thesis or The Physiology of Sports Nutrition (Student's Choice)**
Doctorate's Thesis (Choice #1)
The student can select a thesis composed of 2500 words, typed and double-spaced, on any spiritual aspect of Holistic Nutrition or Holistic Natural Health & Healing as applied in one's own life or the life of others. The student may draw upon any course material contained in this doctorate program. (4.5 credits)

The Physiology of Sports Nutrition (Choice #2)

This course is a 21st century study on the physiology of sports nutrition on the human body for maximum health, power, strength and endurance. (4.5 credits)

MASTER OF DIVINITY

MD – 101

Spiritual Organization Defined (Ecclesiology & Christology)

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowshiping, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

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We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events. (4.0 credits)

MD – 102

Spiritual Holistic Health & Healing Ministry Defined

This course will help you understand the responsibilities of a Holistic Health & Healing Christian Ministry. As a Christian Holistic Health & Healing Minister, you will learn God's Divine purpose for the various Christian Healing Ministries that we as Christians have been entrusted and called upon to perform for the spiritual and physical benefit of all living creatures. (3.0 credits)

MD – 103

Bible Diet Part I: The AAA® (Acid Alkaline Association)

This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat and how to avoid foods that can defile the flesh and pollute the blood, such as chemical additives, preservatives and mercury found in fish. You will also learn to be mindful that the foods you eat need to be properly combined for optimum nutrition and health, including the healthy dietary practices of making up the bulk of your diet with fruits and vegetables and avoiding refined and other processed foods. (4.5 credits)

MD – 104

Advanced Natural Lifestyle Concepts

This course covers the laws of nature required to attain superior health, power, strength and endurance. First, we need to learn how to "Remove The Cause of Physiological and Biological diseases aside from violating the spiritual laws of God by avoiding defiling the flesh. The Israelites were given many laws in the Bible in relationship to food and lifestyle habits so they could avoid defiling the flesh which would be viewed as unclean before the eyes of God. This means freedom from various addictions such as overeating, acid-forming foods and other fleshly desires including unloving relationships whether personal or professional. We must learn to include outside activities such as fresh air and exercise, adequate rest and sleep so we can awake refreshed to perform our daily activities with vim and vigor and to our utmost Christian potential.

(4.5 credits)

MD – 105

Neuro Biological Science of Faith: Introduction

This course brings Biblical principles and Neuro biological sciences working synergistically together to encourage the full potential of positive and loving thoughts on emotions that will enhance optimum spiritual and physical health.

(4.5 credits)

MD – 106

Ordained Holistic Health & Healing Minister Defined

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards Pristine "spiritual and physical" Health.

(4.0 credits)

MD – 107

Advanced "Applied" Nutritional Concepts

This course reveals man's true dietetic nature related to the consumption of raw fruits and vegetables according to the laws of nature created by God. This course details the nutritional and healing ability and force that nutrients of fruits and vegetables can exert on such conditions as heart disease, Candida, cancer, nutrient deficiencies, diabetes, weight control or weight loss and many other debilitating conditions.

(4.5 credits)

MD – 108

Essay: Your Role as an Ordained Minister

(500 Word Essay)

Kingdom University, although not a Divinity School or Divinity College, offers through our Divinity Courses an opportunity to earn a divinity degree such as a Master of Divinity. As other Divinity Schools, we also offer students

the opportunity to earn a Master of Divinity Online as well as other Online Divinity Degrees. (4.0 credits)

MD – 109

Bible Diet Part II: The AAA® (Acid Alkaline Association)

This course is a continuation of The Bible Diet Part I. You will learn how the Bible Diet provides Christians with nature's natural nutrients for optimum health, power, strength and endurance. It is also excellent for weight loss. The Bible Diet, of course, is the ultimate diet to help anyone attain the highest level of pristine natural and vibrant health and avoid the defilement of flesh and spirit before God. (4.5 credits)

DOCTOR OF DIVINITY

- DD-101** **The Nature of Spirituality: Spiritual Disciplines & Spiritual Wellness**
This course will help you as a Christian servant of God to learn the characteristics of spirituality according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment." (4.5 credits)
- DD-102** **Spiritualizing Through a Good Physical Conscience® (Spiritual Growth)**
This course will help you to understand how to cleanse yourself from every form of defilement that contaminates flesh or spirit for Spiritual Growth. The principles of the Bible require that a Christian must keep physically and spiritually clean before God. (4.5 credits)
- DD-103** **Advanced Natural Health & Healing Concepts I**
This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)
- DD-104** **Advanced Natural Health & Healing Concepts II**
This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)
- DD-105** **The Mind of The Spirit: Spiritual Direction & Spiritual Development**
This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live." (3.0 credits)
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- DD-107** **Bible Diet Part II: The AAA® (Acid Alkaline Association)**
This course is a continuation of The Bible Diet Part I. You will learn how the Bible Diet provides Christians with nature's natural nutrients for optimum health, power, strength and endurance. It is also excellent for weight loss. The Bible Diet, of course, is the ultimate diet to help anyone attain the highest level of pristine natural and vibrant health and avoid the defilement of flesh and spirit before God. (4.5 credits)
- DD-108** **Blood: The Waters of Life (Spiritual Cleansing) (Christian Healing)**
This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use. (4.5 credits)
- DD-109** **Pastoral Counseling: The Legal Practice of an Ordained Minister**
This course teaches the legal "ins & outs" and "dos & don'ts" of a "Pastoral Counseling Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Pastoral Counselor/Minister to show clients and students how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits!
(Part I: 8.5. credits) (Part II: 8.5 credits)
- DD-110** **Research Paper: Divinity versus Christian Divinity Defined**
Kingdom University, as a Christian Correspondence School, offers a Pastoral Counseling Certification as well as a Doctor of Divinity. Unlike other Divinity Colleges, our Divinity Degrees are based on Christian Bible Theology. For potential students who are interested in attaining a Pastoral Counseling Degree through distance learning, The University offers the opportunity for a person to attain a Pastoral Counseling Degree Online. (4.0 credits)

Ordained Minister Program Course Descriptions

Ordained Licensed Minister

OML-101 Spiritual Organization Defined (Ecclesiology & Christology)

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowshiping, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

Christology is the study of the person of Christ, His life, His ministry, His sacrifice, His commandments, and His sacrifice as our savior. In short, without an understanding of the character of Christ, your ministry is doomed to fail. (Proverbs 19:2)

Christology is the study of the person of Christ, His life, His ministry, His sacrifice, His commandments, and His sacrifice as our savior. In short, without an understanding of the character of Christ, your ministry is doomed to fail. (Proverbs 19:2)

We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events. (4.0 credits)

OML-102 Spiritual Holistic Health & Healing Ministry Defined

This course will help you understand the responsibilities of a Holistic Health & Healing Christian Ministry. As a Christian Holistic Health & Healing Minister, you will learn God's Divine purpose for the various Christian Healing Ministries that we as Christians have been entrusted and called upon to perform for the spiritual and physical benefit of all living creatures. (3.0 credits)

OML-103 Ordained Holistic Health & Healing Minister Defined

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards pristine "spiritual and physical" Health. (4.0 credits)

OML-104 The Nature of Spirituality—Defined

This course will help you as a Christian servant of God to learn the characteristics of spirituality according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment." (4.5 credits)

OML-105 Spiritualizing Through a Good Physical Conscience ®

This course will help you to understand how to cleanse yourself from every form of defilement that contaminates flesh or spirit. The principles of the Bible require that a Christian must keep physically and spiritually clean before God. (4.5 credits)

OML-106 Blood: The Waters of Life

This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use. (4.5 credits)

OML-107 The Mind of The Spirit

This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This Bible course will teach you that if you "sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Certified Christologist™ & Ecclesiologist™ Courses

The purpose of Christology and Ecclesiology is to offer Christian Health Courses and Christian Healing Courses that will certify Certified Christologist™ and Certified Ecclesiologist™ by the *Kingdom University™*

A Certified Christologist™ & Certified Ecclesiologist™ is a Christian Spiritual Health & Healing Ordained Minister who has also satisfactorily completed The *Kingdom University™* certified program.

Upon graduation, the student will earn both the "Certified Christologist™" and "Certified Ecclesiologist™" designation, and will receive a Certification for both Certificates granted through The *Kingdom University™*. The Ecclesiologist™ & Certified Christologists™ will be required to report every three years for recertification and complete at least one or two selected courses by The University as proof of their continuing educational commitment and excellence towards the Spiritual Health and Healing philosophy based on Christian Bible principles.

General Program Standards:

- The "Certified Christologist™" & "Certified Ecclesiologist™" must satisfactorily complete one or two specified courses by the *Kingdom University™* with a 3.0 G.P.A.
- The "Certified Christologist™" & "Certified Ecclesiologist™" must practice within the scope of the Spiritual Natural Health philosophy, which will solely be determined by the *Kingdom University™*.
- The "Certified Christologist™" & "Certified Ecclesiologist™" who does not practice within the scope of the Spiritual Natural Health philosophy will have their certification revoked unless discontinued upon investigation conducted by the *Kingdom University™*.

Certification Christologist™ & Ecclesiologist™ Program Description

Ordained Minister License

EC-101 Christian Organization Defined (Ecclesiology & Christology)

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowshiping, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

Christology is the study of the person of Christ, His life, His ministry, His sacrifice, His commandments, and His sacrifice as our savior. In short, without an understanding of the character of Christ, your ministry is doomed to fail. (Proverbs 19:2)

We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events. (4.0 credits)

EC-102 Christian Holistic Health & Healing Ministry Defined

This course will help you understand the responsibilities of a Holistic Health & Healing Christian Ministry. As a Christian Holistic Health & Healing Minister, you will learn God's Divine purpose for the various Christian Healing Ministries that we as Christians have been entrusted and called upon to perform for the spiritual and physical benefit of all living creatures. (3.0 credits)

EC-103 Ordained Holistic Health & Healing Minister Defined

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards Pristine "spiritual and physical" Health. (4.0 credits)

EC-104 **The Nature of Spirituality—Defined**

This course will help you as a Christian servant of God to learn the characteristics of spirituality according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment." (4.0 credits)

EC-105 **Spiritualizing Through a Good Physical Conscience ®**

This course will help you to understand how to cleanse yourself from every form of defilement that contaminates flesh or spirit. The principles of the Bible require that a Christian must keep physically and spiritually clean before God. (4.0 credits)

EC-106 **Blood: The Waters of Life**

This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use. (4.0 credits)

EC-107 **The Mind of The Spirit**

This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

EC-108 **Advanced Natural Lifestyle Concepts**

This course covers the laws of nature required to attain superior health, power, strength and endurance. First, we need to learn how to "Remove The Cause of Physiological and Biological diseases aside from violating the spiritual laws of God by avoiding defiling the flesh. The Israelites were given many laws in the Bible in relationship to food and lifestyle habits so they could avoid defiling the flesh which would be viewed as unclean before the eyes of God. This means freedom from various addictions such as overeating, acid-forming foods and other fleshly desires including unloving relationships whether personal or professional. We must learn to include outside activities such as fresh air and exercise, adequate rest and sleep so we can awake refreshed to perform our daily activities with vim and vigor and to our utmost Christian potential. (4.0 credits)

EC-109 **Advanced "Applied" Nutritional Concepts**

This course reveals man's true dietetic nature related to the consumption of raw fruits and vegetables according to the laws of nature created by God. This course details the nutritional and healing ability and force that nutrients of

fruits and vegetables can exert on such conditions as heart disease, Candida, cancer, nutrient deficiencies, diabetes, weight control or weight loss and many other debilitating conditions. (4.0 credits)

EC-110 Bible Diet Part I: The AAA® (Acid Alkaline Association)

This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat and how to avoid foods that can defile the flesh and pollute the blood, such as chemical additives, preservatives and mercury found in fish. You will also learn to be mindful that the foods you eat need to be properly combined for optimum nutrition and health, including the healthy dietary practices of making up the bulk of your diet with fruits and vegetables and avoiding refined and other processed foods. (4.0 credits)

EC-111 Bible Diet Part II: The AAA® (Acid Alkaline Association)

This course is a continuation of The Bible Diet Part I. You will learn how the Bible Diet provides Christians with nature's natural nutrients for optimum health, power, strength and endurance. It is also excellent for weight loss. The Bible Diet, of course, is the ultimate diet to help anyone attain the highest level of pristine natural and vibrant health and avoid the defilement of flesh and spirit before God. (4.0 credits)

EC-112 Advanced Natural Health & Healing Concepts I

This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never presented before, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.0 credits)

EC-113 Advanced Natural Health & Healing Concepts II

This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never presented before, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.0 credits)

EC-114 Biblical Counseling Practice: The Legal Requirements of an Ordained Minister

This course teaches the legal "ins & outs" and "dos & dont's" of a "Biblical Holistic Natural Health & Healing Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Biblical Holistic Natural Health & Healing Minister/Counselor to show clients and students how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits! (4.0 credits)

SPORTS DEGREE & CERTIFICATION PROGRAMS

SPORTS NUTRITION CERTIFICATION PROGRAMS

| | |
|--|------------|
| Certified Sports Nutrition Consultant | C.S.N.C. |
| & Certified Sports Nutrition Practitioner | C.S.N.P. |
| Certified Holistic Sports Nutrition Consultant | C.H.S.N.C. |
| & Certified Holistic Sports Nutrition Practitioner | C.H.S.N.P. |

SPORTS DEGREE PROGRAMS

| | |
|---|-----------|
| Bachelor / Master of Science in Sports Nutrition | B.S./M.S. |
| Bachelor / Master of Science in Holistic Sports Nutrition | B.S./M.S. |
| Doctor of Science in Sports Nutrition | D.Sc. |
| Doctor of Science in Holistic Sports Nutrition | D.Sc. |
| Doctor of Philosophy in Sports Nutrition | Ph.D. |
| Doctor of Philosophy in Holistic Sports Nutrition | Ph.D. |
| Doctor of Philosophy in Sports Nutrition & Sports Management | Ph.D. |
| Doctor of Philosophy in Holistic Sports Nutrition & Sports Management | Ph.D. |
| Doctor of Philosophy in Sports Management & Sports Marketing | Ph.D. |

SPORTS DEGREE COMBINATION PROGRAMS

| |
|--|
| B.S./M.S./D. Sc. in Sports Nutrition |
| B.S./M.S./Ph.D. in Sports Nutrition |
| B.S./M.S./D. Sc./Ph.D. in Sports Nutrition |
| B.S./M.S./D. Sc. in Holistic Sports Nutrition |
| B.S./M.S./Ph.D. in Holistic Sports Nutrition |
| B.S./M.S./D. Sc./Ph.D. in Holistic Sports Nutrition |
| B.S./M.S./Ph.D. in Sports Nutrition & Sports Management |
| B.S./M.S./Ph.D. in Holistic Sports Nutrition & Sports Management |
| B.S./M.S./Ph.D. in Sports Management & Sports Marketing |

TUITION of SPORTS NUTRITION CERTIFICATION PROGRAMS

Cost of Sports Certification Programs

| | | |
|---|------------|-----------|
| Certified Sports Nutrition Consultant..... | C.S.N.C. | |
| & Certified Sports Nutrition Practitioner..... | C.S.N.P. | \$999.00 |
| | | |
| Certified Holistic Sports Nutrition Consultant..... | C.H.S.N.C. | |
| & Certified Holistic Sports Nutrition Practitioner..... | C.H.S.N.P. | \$1499.00 |

TUITION of SPORTS DEGREE PROGRAMS

Cost of Degree Programs

| | <i>(Tuition)</i> | <i>(Monthly Plan)</i> |
|---|------------------|-----------------------|
| | | <i>36 months</i> |
| Bachelor / Master of Science in Sports Nutrition | \$4,080 | \$91.39 |
| Bachelor / Master of Science in Holistic Sports Nutrition | \$4,280 | \$96.95 |
| Doctor of Science in Sports Nutrition..... | \$4,280 | \$96.95 |
| Doctor of Science in Holistic Sports Nutrition..... | \$4,490 | \$102.78 |
| Doctor of Philosophy in Sports Nutrition | \$4,690 | \$108.34 |
| Doctor of Philosophy in Holistic Sports Nutrition | \$4,890 | \$113.89 |
| Doctor of Philosophy in Sports Nutrition & Sports Management..... | \$4,690 | \$108.34 |
| Doctor of Philosophy in Holistic Sports Nutrition & Sports Management.... | \$4,890 | \$113.89 |
| Doctor of Philosophy in Sports Management & Sports Marketing..... | \$4,690 | \$108.34 |

Alternative Degree Combination Programs

| | <i>(Tuition)</i> | <i>(Monthly Plan)</i> |
|--|------------------|-----------------------|
| | | <i>60 months</i> |
| B.S./M.S /D.Sc. in Sports Nutrition..... | \$6,160 | \$89.90 |
| B.S./M.S./Ph.D. in Sports Nutrition..... | \$6,370 | \$93.00 |
| B.S./M.S./D.Sc./ Ph.D. in Sports Nutrition..... | \$6,870 | \$101.34 |
| B.S./M.S./D.Sc. in Holistic Sports Nutrition | \$6,360 | \$92.84 |
| B.S./M.S./Ph.D. in Holistic Sports Nutrition..... | \$6,560 | \$96.17 |
| B.S./M.S./D.Sc./Ph.D. in Holistic Sports Nutrition..... | \$7,060 | \$104.50 |
| B.S./M.S /Ph.D. in Sports Nutrition & Sports Management | \$6,870 | \$101.34 |
| B.S./M.S./Ph.D. in Holistic Sports Nutrition & Sports Management | \$6,560 | \$96.17 |
| B.S./M.S./Ph.D. in Sports Management & Sports Marketing | \$6,360 | \$92.84 |

AN INITIAL DEPOSIT OF \$790.00 (plus \$95 for shipping)
WILL BE REQUIRED FOR ALL DEGREE PROGRAMS

SPORTS DEGREE COURSE PROGRAMS

BACHELOR of SCIENCE & MASTER OF SCIENCE in SPORTS NUTRITION COMBINED

| | |
|-------------------|---|
| BSSN-101 | Advanced Holistic Sports Nutrition I: Applied Science of the Acid/Alkaline Balance Diet |
| BSSN-102 | Physiology: Introduction |
| BSSN-103 | Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition |
| BSSN-104 | Enzymes & Nutrition: Introduction |
| BSSN-105 | Advanced Holistic Sports Nutrition II: Applied Science of the Acid/Alkaline Balance Diet |
| BSSN-106 | PhytoChemical Compositions of Foods & Nutrition |
| BSSN-107 | Advanced Sports Nutrition: Applied Nutrition Concepts I |
| BSSN-108 | Advanced Sports Nutrition: Applied Nutrition Concepts II |
| BSSN-109 | Advanced Biochemistry of Sport Nutrition I |
| BSSN-110 | Advanced Biochemistry of Sport Nutrition II |
| BSSN-111-E | The Mind of The Spirit |

Elective marked: “-E.” is suggested but NOT required for the above Program

DOCTOR of SCIENCE in SPORTS NUTRITION

| | |
|-------------------|--|
| DSSN-101 | Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition |
| DSSN-102 | Maximum Body Energy & Energy Healing Concepts |
| DSSN-103 | Neuro Physiology of Beliefs: Introduction |
| DSSN-104 | Advanced “Applied” Nutrition |
| DSSN-105 | Sports Counseling Practice |
| DSSN-106 | Applied Science of Sports Nutrition & Physiology |
| DSSN-107-E | The Mind of The Spirit |

Elective marked: “-E.” is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in SPORTS NUTRITION

- PHDSN-101** Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition
- PHDSN-102** Maximum Body Energy & Energy Healing Concepts
- PHDSN-103** Neuro Physiology of Beliefs: Introduction
- PHDSN-104** Advanced “Applied” Nutrition
- PHDSN-105** Sports Counseling Practice
- PHDSN-106** Applied Science of Sports Nutrition & Physiology
- PHDSN-107** Thesis
- PHDSN-108-E** The Mind of The Spirit

Elective marked: “-E.” is suggested but NOT required for the above Program

**BACHELOR of SCIENCE in HOLISTIC SPORTS NUTRITION &
MASTER of SCIENCE in HOLISTIC SPORTS NUTRITION COMBINED**

- BSHSN-101** Advanced Holistic Sports Nutrition I:
Applied Science of the Acid/Alkaline Balance Diet
- BSHSN-102** Physiology: Introduction
- BSHSN-103** Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition
- BSHSN-104** Enzymes & Nutrition: Introduction
- BSHSN-105** Advanced Holistic Sports Nutrition II:
Applied Science of the Acid/Alkaline Balance Diet
- BSHSN-106** PhytoChemical Compositions of Foods & Nutrition
- BSHSN-107** Advanced Sports Nutrition: Applied Nutrition Concepts I
- BSHSN-108** Advanced Sports Nutrition: Applied Nutrition Concepts II
- BSHSN-109** Essay: Herbology
- BSHSN-110** Advanced Biochemistry of Sport Nutrition I
- BSHSN-111** Advanced Biochemistry of Sport Nutrition II
- BSHSN-112-E** The Mind of The Spirit

Elective marked: “-E.” is suggested but NOT required for the above Program

DOCTOR of SCIENCE in HOLISTIC SPORTS NUTRITION

| | |
|--------------------|--|
| DSHSN-101 | Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition |
| DSHSN-102 | Maximum Body Energy & Energy Healing Concepts |
| DSHSN-103 | Advanced Natural Health I |
| DSHSN-104 | Advanced Natural Health II |
| DSHSN-105 | Neuro Physiology of Beliefs: Introduction |
| DSHSN-106 | Advanced “Applied” Nutrition |
| DSHSN-107 | Sports Counseling Practice |
| DSHSN-108 | Applied Science of Sports Nutrition & Physiology |
| DSHSN-109-E | The Mind of The Spirit |

Elective marked: “ — E.” is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in HOLISTIC SPORTS NUTRITION

| | |
|---------------------|--|
| PHDHSN-101 | Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition |
| PHDHSN-102 | Maximum Body Energy & Energy Healing Concepts |
| PHDHSN-103 | Advanced Natural Health I |
| PHDHSN-104 | Advanced Natural Health II |
| PHDHSN-105 | Neuro Physiology of Beliefs: Introduction |
| PHDHSN-106 | Advanced “Applied” Nutrition |
| PHDHSN-107 | Sports Counseling Practice |
| PHDHSN-108 | Applied Science of Sports Nutrition & Physiology |
| PHDHSN-109 | Thesis |
| PHDHSN-110-E | The Mind of The Spirit |

Elective marked: “ — E.” is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in SPORTS NUTRITION & SPORTS MANAGEMENT

| | |
|---------------------|---|
| PHDSNM-101 | Advanced Contemporary Sports Management Concepts I |
| PHDSNM-102 | Advanced Contemporary Sports Management Concepts II |
| PHDSNM-103 | Advanced Sports Marketing Theories I |
| PHDSNM-104 | Advanced Sports Marketing Theories II |
| PHDSNM-105 | Creating a Profitable Sports Counseling & Coaching Career |
| PHDSNM-106 | Advanced “Applied” Nutrition |
| PHDSNM-107 | Sports Counseling Practice |
| PHDSNM-108 | Applied Science of Sports Nutrition & Physiology |
| PHDSNM-109 | Thesis |
| PHDSNM-110-E | The Mind of The Spirit |

Elective marked: “ — E.” is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in HOLISTIC SPORTS NUTRITION & SPORTS MANAGEMENT

| | |
|----------------------|---|
| PHDHSNM-101 | Advanced Contemporary Sports Management Concepts I |
| PHDHSNM-102 | Advanced Contemporary Sports Management Concepts II |
| PHDHSNM-103 | Advanced Sports Marketing Theories I |
| PHDHSNM-104 | Advanced Sports Marketing Theories II |
| PHDHSNM-105 | Advanced Natural Health I |
| PHDHSNM-106 | Advanced Natural Health II |
| PHDHSNM-107 | Creating a Profitable Sports Counseling & Coaching Career |
| PHDHSNM-108 | Advanced “Applied” Nutrition |
| PHDHSNM-109 | Sports Counseling Practice |
| PHDHSNM-110 | Applied Science of Sports Nutrition & Physiology |
| PHDHSNM-111 | Thesis |
| PHDHSNM-112-E | The Mind of The Spirit |

Elective marked: “ — E.” is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in SPORTS MANAGEMENT & SPORTS MARKETING

| | |
|---------------------|---|
| PHDSMM-101 | Advanced Contemporary Sports Management Concepts I |
| PHDSMM-102 | Advanced Contemporary Sports Management Concepts II |
| PHDSMM-103 | Advanced Sports Marketing Theories I |
| PHDSMM-104 | Advanced Sports Marketing Theories II |
| PHDSMM-105 | Creating a Profitable Sports Counseling & Coaching Career |
| PHDSMM-106 | Sports Counseling Practice |
| PHDSMM-107 | Applied Science of Sports Nutrition & Physiology |
| PHDSMM-108 | Thesis |
| PHDSMM-109-E | The Mind of The Spirit |

Elective marked: “ — E.” is suggested but NOT required for the above Program

SPORTS NUTRITION CERTIFICATION COURSE PROGRAMS

CERTIFIED SPORTS NUTRITION CONSULTANT & PRACTITIONER

| | |
|--------------------|---|
| CSNCP-101 | Advanced Holistic Sports Nutrition I: Applied Science of the Acid/Alkaline Balance Diet |
| CSNCP-102 | Advanced Holistic Sports Nutrition II: Applied Science of the Acid/Alkaline Balance Diet |
| CSNCP-103 | Advanced “Applied Nutrition” |
| CSNCP-104 | Applied Science of Sports Nutrition & Physiology |
| CSNCP-105 | Creating a Profitable Sports Counseling & Coaching Career |
| CSNCP-106-E | The Mind of The Spirit |

Elective marked: “ — E.” is suggested but NOT required for the above Program

CERTIFIED HOLISTIC SPORTS NUTRITION CONSULTANT & PRACTITIONER

| | |
|--------------------|---|
| CHSNC-101 | Advanced Holistic Sports Nutrition I: Applied Science of the Acid/Alkaline Balance Diet |
| CHSNC-102 | Advanced Holistic Sports Nutrition II: Applied Science of the Acid/Alkaline Balance Diet |
| CHSNC-103 | Advanced “Applied Nutrition” |
| CHSNC-104 | Advanced Natural Health I |
| CHSNC-105 | Advanced Natural Health II |
| CHSNC-106 | Applied Science of Sports Nutrition & Physiology |
| CHSNC-107 | Creating a Profitable Sports Counseling & Coaching Career |
| CHSNC-108-E | The Mind of The Spirit |

Elective marked: “ — E.” is suggested but NOT required for the above Program

UNIVERSITY & COLLEGES OF NATURAL HEALTH™

SPORTS PROGRAM COURSE DESCRIPTIONS

BACHELOR of SCIENCE in SPORTS NUTRITION & MASTER of SCIENCE in SPORTS NUTRITION COMBINED

- BSSN-101** **Advanced Holistic Sports Nutrition I:
Applied Science of the Acid Alkaline Balance Diet**
This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)
- BSSN-102** **Physiology: Introduction**
This course presents an introductory overview of the study of anatomy and physiological processes of the human body, including the study of some of the body's diseases to which the person who lives outside the Laws of Life is prone. (4.0 credits)
- BSSN-103** **Advanced Natural Lifestyles & Philosophies:
Natural Sports Nutrition**
This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life with Meaningful Goals including Loving and Nurturing Relationships. (4.5 credits)

- BSSN-104** **Enzymes & Nutrition: Introduction**
This course examines the catalyzing role of enzymes in food nutrition, digestion, assimilation and health. (4.0 credits)
- BSSN-105** **Advanced Holistic Sports Nutrition II:**
Applied Science of the Acid Alkaline Balance Diet
This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)
- BSSN-106** **PhytoChemical Compositions of Foods & Nutrition**
This course examines the analysis of nutrients in various plants and the effects of these nutrients on various parts of the body needed to maintain the processes of health. (4.0 credits)
- BSSN-107** **Advanced Sports Nutrition: Applied Nutrition Concepts I**
This course presents the most advanced applied food concepts for correct sports nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health, whose concepts can be applied to "**Sports Nutrition**" through "**Sports Nutritionists.**" In fact, Dr. Herbert M. Shelton can be regarded as the greatest Holistic Nutritionist of the 20th Century. (4.0 credits)
- BSSN-108** **Advanced Sports Nutrition: Applied Nutrition Concepts II**
This course is a continuation of Advanced Nutrition I and further presents the most advanced applied food concepts for correct sports nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health, whose concepts can be applied to "**Sports Nutrition**" through "**Sports**

Nutritionists." In fact, Dr. Herbert M. Shelton can be regarded as the greatest Holistic Nutritionist of the 20th Century. (4.0 credits)

BSSN-109

Advanced Biochemistry of Sport Nutrition I

This course presents the physiological advanced principles on current nutritional guidelines, specifically for the superior athlete who desires to possess peak power, strength and endurance. The student will gain a fundamental understanding of the science behind nutrition as it relates to sport and the influence of nutrition on exercise, performance, training, and quick energy recovery time. This course not only teaches the framework for proper nutrition, but also the biochemistry involved to help meet the energy needs of you, the student and athlete, to attain the ultimate power, strength and endurance for peak performance. (4.0 credits)

BSSN-110

Advanced Biochemistry of Sport Nutrition II

This course is a continuation of Advanced Biochemistry of Sport Nutrition I for the athlete seeking the ultimate power, strength and endurance that can be achieved for peak performance. It includes additional scientific information relating to exercise, body temperature, dehydration, antioxidants, oxygen transport, and vitamins and minerals, which all greatly influence an athlete's athletic skills as it relates to diet and their immune system. This course covers all aspects of sport nutrition and will benefit the athlete immensely both personally and professionally. (4.0 credits)

BSSN-111-E

The Mind of The Spirit

This course will help you to learn the contrast between the "*flesh*" and "*spirit*." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: " — E." is suggested but NOT required for the above Program

DOCTOR of SCIENCE in SPORTS NUTRITION

- DSSN-101** **Advanced Natural Lifestyles & Philosophies:
Natural Sports Nutrition**
This course covers all aspects of natural health in relation to Natural Sports Nutrition required to attain superior natural health, power, strength and endurance as a lifestyle philosophy. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise and Mental and Emotional Balance, which includes Freedom from Addictions, Possesses High Self-esteem and a Motivated and Purposeful Life, as well as Meaningful Goals and Loving Relationships. (4.5 credits)
- DSSN-102** **Maximum Body Energy & Energy Healing Concepts**
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is also the key for the prevention and healing of disease, holistically. (4.0 credits)
- DSSN-103** **Neuro Physiology of Beliefs: Introduction**
This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)
- DSSN-104** **Advanced "Applied" Nutrition**
This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, including the healthful management of weight. (4.0 credits)
- DSSN-105** **Sports Counseling Practice**
This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable

the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits. Many of our graduates go on to have very successful "Sports Management Careers" with their Sports Nutrition Counseling Practice as Sports Consultants. This course of all the "Sports Nutrition Courses" and "Sports Management Degrees" that we offer is of most importance. (4.0 credits)

DSSN-106

Applied Science of Sports Nutrition & Physiology

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance.

(4.0 credits)

DSSN-107-E

The Mind of The Spirit

This course will help you to learn the contrast between the "*flesh*" and "*spirit*." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(4.0 credits)

Elective marked: " — E." is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in SPORTS NUTRITION

- PHDSN-101** **Advanced Natural Lifestyles & Philosophies:
Natural Sports Nutrition**
This course covers all aspects of natural health in relation to Natural Sports Nutrition required to attain superior natural health, power, strength and endurance as a lifestyle philosophy. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise and Mental and Emotional Balance, which includes Freedom from Addictions, Possesses High Self-esteem and a Motivated and Purposeful Life, as well as Meaningful Goals and Loving Relationships. (4.5 credits)
- PHDSN-102** **Maximum Body Energy & Energy Healing Concepts**
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing disease, holistically. (4.0 credits)
- PHDSN-103** **Neuro Physiology of Beliefs: Introduction**
This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)
- PHDSN-104** **Advanced "Applied" Nutrition**
This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies and the healthful management of weight. (4.0 credits)
- PHDSN-105** **Sports Counseling Practice**
This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very

advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits. This course is of utmost importance for those who aspire to attain a "Degree in Sports Management." (4.0 credits)

PHDSN-106

Applied Science of Sports Nutrition & Physiology

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance.

(4.0 credits)

PHDSN-107

Thesis

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate's Program can be applied in one's life that would enhance one's "Sports Management Salary" as "Sports Nutritionists." Material may be drawn from the various courses in the Doctorate's Program.

(4.0 credits)

PHDSN-108-E

The Mind of The Spirit

This course will help you to learn the contrast between the "*flesh*" and "*spirit*." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your

flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: “ — E.” is suggested but NOT required for the above Program

**BACHELOR of SCIENCE in HOLISTIC SPORTS NUTRITION &
MASTER of SCIENCE in HOLISTIC SPORTS NUTRITION COMBINED**

- BSHSN-101** **Advanced Holistic Sports Nutrition I:
Applied Science of the Acid Alkaline Balance Diet**
This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)
- BSHSN-102** **Physiology: Introduction**
This course presents an introductory overview of the study of anatomy and physiological processes of the human body, including the study of some of the body's diseases to which the person who lives outside the Laws of Life is prone. (4.0 credits)
- BSHSN-103** **Advanced Natural Lifestyles & Philosophies:
Natural Sports Nutrition**
This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life with Meaningful Goals including Loving and Nurturing Relationships. (4.5 credits)
- BSHSN-104** **Enzymes & Nutrition: Introduction**
This course examines the catalyzing role of enzymes in food nutrition, digestion, assimilation and health. (4.0 credits)

BSHSN-105

Advanced Holistic Sports Nutrition II:
Applied Science of the Acid Alkaline Balance Diet

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

BSHSN-106

PhytoChemical Compositions of Foods & Nutrition

This course examines the analysis of nutrients in various plants and the effects of these nutrients on various parts of the body needed to maintain the processes of health. (4.0 credits)

BSHSN-107

Advanced Sports Nutrition: Applied Nutrition Concepts I

This course presents the most advanced applied food concepts on "Advanced Sports Nutrition." It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health, whose concepts can be applied to sports nutrition through sports nutritionists. In fact, Dr. Herbert M. Shelton can be regarded as the greatest Holistic Nutritionist of the 20th Century. (4.0 credits)

BSHSN-108

Advanced Sports Nutrition: Applied Nutrition Concepts II

This course is a continuation of Advanced Nutrition I and further presents the most advanced applied food concepts on sports nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health, whose concepts can be applied to sports nutrition through sports nutritionists. In fact, Dr. Herbert M. Shelton can be regarded as the greatest Holistic Nutritionist of the 20th Century. (4.0 credits)

BSHSN-109

Essay: Herbology

This "Sports Nutrition Course" exposes the most dangerous of the poisonous components of herbs and supplements in common use today and their effects once ingested by the human body. The student will select a theme statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the thesis. (4.0 credits)

BSHSN-110**Advanced Biochemistry of Sport Nutrition I**

This course presents the physiological advanced principles on current nutritional guidelines, specifically for the superior athlete who desires to possess peak power, strength and endurance. The student will gain a fundamental understanding of the science behind nutrition as it relates to sport and the influence of nutrition on exercise, performance, training, and quick energy recovery time. This course not only teaches the framework for proper nutrition, but also the biochemistry involved to help meet the energy needs of you, the student and athlete, to attain the ultimate power, strength and endurance for peak performance. (4.0 credits)

BSHSN-111**Advanced Biochemistry of Sport Nutrition II**

This course is a continuation of Advanced Biochemistry of Sport Nutrition I for the athlete seeking the ultimate power, strength and endurance that can be achieved for peak performance. It includes additional scientific information relating to exercise, body temperature, dehydration, antioxidants, oxygen transport, and vitamins and minerals, which all greatly influence an athlete's athletic skills as it relates to diet and their immune system. This course covers all aspects of sport nutrition and will benefit the athlete immensely both personally and professionally. (4.0 credits)

BSHSN-112-E**The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: “ — E.” is suggested but NOT required for the above Program

DOCTOR of SCIENCE in HOLISTIC SPORTS NUTRITION

**DSHSN-101 Advanced Natural Lifestyles & Philosophies:
Natural Sports Nutrition**

This course covers all aspects of natural health in relation to Natural Sports Nutrition that is required to attain superior natural health, power, strength and endurance as a lifestyle philosophy. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise and Mental and Emotional Balance, which includes Freedom from Addictions, Possesses High Self-esteem and a Motivated and Purposeful Life, as well as Meaningful Goals and Loving Relationships. (4.5 credits)

DSHSN-102 Maximum Body Energy & Energy Healing Concepts

This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing disease, holistically. (4.0 credits)

DSHSN-103 Advanced Natural Health I

This course presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

DSHSN-104**Advanced Natural Health II**

This course is a continuation of Advanced Natural Health I and further presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

DSHSN-105**Neuro Physiology of Beliefs: Introduction**

This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)

DSHSN-106**Advanced "Applied" Nutrition**

This course details the ideal sources and correct rations for the three caloronsutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)

DSHSN-107**Sports Counseling Practice**

This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits. The University of Natural Health's "Sports Management Programs" are the elite of all "Sports Management Colleges." Graduates attain the best "Sports Nutrition Jobs" that pay the highest "Sports Nutrition Salary" as a "Sports Career." You too can take advantage of opening up your own counseling practice as a "Certified Sports Nutritionist." (Part I: 4.0 credits)(Part II: 4.0 credits)

DSHSN-108**Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance.

(4.0 credits)

DSHSN-109-E**The Mind of The Spirit**

This course will help you to learn the contrast between the "*flesh*" and "*spirit*." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(4.0 credits)

Elective marked: " — E." is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in HOLISTIC SPORTS NUTRITION

- PHDHSN-101** **Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition**
This course covers all aspects of natural health in relation to Natural Sports Nutrition required to attain superior natural health, power, strength and endurance as a lifestyle philosophy. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise and Mental and Emotional Balance, which includes Freedom from Addictions, Possesses High Self-esteem and a Motivated and Purposeful Life, as well as Meaningful Goals and Loving Relationships. (4.5 credits)
- PHDHSN-102** **Maximum Body Energy & Energy Healing Concepts**
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing disease, holistically. (4.0 credits)
- PHDHSN-103** **Advanced Natural Health I**
This course presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)
- PHDHSN-104** **Advanced Natural Health II**
This course is a continuation of Advanced Natural Health I and further presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

PHDHSN-105**Neuro Physiology of Beliefs: Introduction**

This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)

PHDHSN-106**Advanced “Applied” Nutrition**

This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)

PHDHSN-107**Sports Counseling Practice**

This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing successes in their healthful living habits.

(Part I: 4.0 credits)(Part II: 4.0 credits)

PHDHSN-108**Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance. (4.0 credits)

PHDHSN-109-E Thesis

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate's Program can be applied in one's life. Material may be drawn from the various courses in the Doctorate's Program. (4.0 credits)

PHDHSN-110-E The Mind of The Spirit

This course will help you to learn the contrast between the "*flesh*" and "*spirit*." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: " — E." is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in SPORTS NUTRITION & SPORTS MANAGEMENT

PHDSNM-101 Advanced Contemporary Sports Management Concepts I

This course presents the student with an advanced and unique overview of sport management. This lesson teaches the relevance of sociological, cultural, historical, political, psychological, and legal concepts relating to the management of sport. In addition, topics crucial for management positions, including the necessary professional skills and attitudes of sport managers are discussed. There are many management positions available in the sport industry, and exploring each, in detail, gives the student a firm understanding of what sport management entails. (4.0 credits)

PHDSNM-102 Advanced Contemporary Sports Management Concepts II

This course is a further continuation of Advanced Contemporary Sport Management Concepts I that will help, you, the student to develop a deeper knowledge and insight into the various aspects of sport management, including external and internal factors, branding community relation, public relations, media, and fluctuations within the market. The student will be taught how to employ critical thinking skills that will help one to recognize and identify the important elements within sport facility and event management, as well as the ability to clarify the current challenges that sports managers are faced with. (4.0 credits)

PHDSNM-103 Advanced Sports Marketing Theories I

This course provides an introduction for advanced sport marketing techniques, including the sport marketing mix, marketing research, sport marketing information systems, sport consumer behavior, sport management, sales management in sport, purchasing, and supply chain management. This course teaches the fundamental and theoretical concepts that will enable the student to dramatically increase his/her knowledge of the sport marketing industry. (4.0 credits)

PHDSNM-104 Advanced Sports Marketing Theories II

This course is a further continuation of Advanced Sports Marketing Theories I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of the sport marketing industry with advanced marketing theories related to communication concepts, sport advertising and promotion, sport sponsorship and sport retail management, sport e-business and e-commerce, and, finally, international and global marketing in sport. Real world applications prepare the student for entry into the sport marketing field with a professional attitude that will be required for one to excel in the pursuit of a career in sport marketing. (4.0 credits)

- PHDSNM-105** **Creating a Profitable Sports Counseling & Coaching Career**
The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice.
(4.0 credits)
- PHDSNM-106** **Advanced “Applied” Nutrition**
This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, including the healthful management of weight.
(4.0 credits)
- PHDSNM-107** **Sports Counseling Practice**
This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits. Many of our graduates go on to have very successful "Sports Management Careers" with their Sports Nutrition Counseling Practice as Sports Consultants. This course of all the "Sports Nutrition Courses" and "Sports Management Degrees" that we offer is of most importance.
(4.0 credits)

PHDSNM-108 **Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance. (4.0 credits)

PHDSNM-109 **Thesis**

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate Program can be applied in one's life that would enhance one's "Sports Management Salary" as "Sports Nutritionists." Material may be drawn from the various courses in the Doctorate Program. (4.0 credits)

PHDSNM-110-E **The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: “ — E.” is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in HOLISTIC SPORTS NUTRITION & SPORTS MANAGEMENT

PHDHSNM-101 Advanced Contemporary Sports Management Concepts I

This course presents the student with an advanced and unique overview of sport management. This lesson teaches the relevance of sociological, cultural, historical, political, psychological, and legal concepts relating to the management of sport. In addition, topics crucial for management positions, including the necessary professional skills and attitudes of sport managers are discussed. There are many management positions available in the sport industry, and exploring each, in detail, gives the student a firm understanding of what sport management entails. (4.0 credits)

PHDHSNM-102 Advanced Contemporary Sports Management Concepts II

This course is a further continuation of Advanced Contemporary Sport Management Concepts I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of sport management, including external and internal factors, branding community relation, public relations, media, and fluctuations within the market. The student will be taught how to employ critical thinking skills that will help one to recognize and identify the important elements within sport facility and event management, as well as the ability to clarify the current challenges that sports managers are faced with. (4.0 credits)

PHDHSNM-103 Advanced Sports Marketing Theories I

This course provides an introduction for advanced sport marketing techniques, including the sport marketing mix, marketing research, sport marketing information systems, sport consumer behavior, sport management, sales management in sport, purchasing, and supply chain management. This course teaches the fundamental and theoretical concepts that will enable the student to dramatically increase his/her knowledge of the sport marketing industry. (4.0 credits)

PHDHSNM-104 Advanced Sports Marketing Theories II

This course is a further continuation of Advanced Sports Marketing Theories I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of the sport marketing industry with advanced marketing theories related to communication concepts, sport advertising and promotion, sport sponsorship and sport retail management, sport e-business and e-commerce, and, finally, international and global marketing in sport. Real world applications prepare the student for entry into the sport marketing field with a professional attitude that will be required for one to excel in the pursuit of a career in sport marketing. (4.0 credits)

PHDHSNM-105 Advanced Natural Health I

This course presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

PHDHSNM-106 Advanced Natural Health II

This course is a continuation of Advanced Natural Health I and further presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

PHDHSNM-107 Creating a Profitable Sports Counseling & Coaching Career

The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice. (4.0 credits)

PHDHSNM-108 Advanced "Applied" Nutrition

This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)

PHDHSNM-109 Sports Counseling Practice

This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients how to restructure their thinking processes to overcome self-sabotage, while achieving successful and healthful living habits. (Part I: 4.0 credits) (Part II: 4.0 credits)

PHDHSNM-110 Applied Science of Sports Nutrition & Physiology

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance. (4.0 credits)

PHDHSNM-111 Thesis

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate Program can be applied in one's life. Material may be drawn from the various courses in the Doctorate Program. (4.0 credits)

PHDHSNM-112-E The Mind of The Spirit

This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life so you may live. (4.0 credits)

Elective marked: " — E." is suggested but NOT required for the above Program

DOCTOR of PHILOSOPHY in SPORTS MANAGEMENT & SPORT MARKETING

PHDSMM-101 Advanced Contemporary Sports Management Concepts I

This course presents the student with an advanced and unique overview of sport management. This lesson teaches the relevance of sociological, cultural, historical, political, psychological, and legal concepts relating to the management of sport. In addition, topics crucial for management positions, including the necessary professional skills and attitudes of sport managers are discussed. There are many management positions available in the sport industry, and exploring each, in detail, gives the student a firm understanding of what sport management entails. (4.0 credits)

PHDSMM-102 Advanced Contemporary Sports Management Concepts II

This course is a further continuation of Advanced Contemporary Sport Management Concepts I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of sport management, including external and internal factors, branding community relation, public relations, media, and fluctuations within the market. The student will be taught how to employ critical thinking skills that will help one to recognize and identify the important elements within sport facility and event management, as well as the ability to clarify the current challenges that sports managers are faced with. (4.0 credits)

PHDSMM-103 Advanced Sports Marketing Theories I

This course provides an introduction for advanced sport marketing techniques, including the sport marketing mix, marketing research, sport marketing information systems, sport consumer behavior, sport management, sales management in sport, purchasing, and supply chain management. This course teaches the fundamental and theoretical concepts that will enable the student to dramatically increase his/her knowledge of the sport marketing industry. (4.0 credits)

PHDSMM-104 Advanced Sports Marketing Theories II

This course is a further continuation of Advanced Sports Marketing Theories I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of the sport marketing industry with advanced marketing theories related to communication concepts, sport advertising and promotion, sport sponsorship and sport retail management, sport e-business and e-commerce, and, finally, international and global marketing in sport. Real world applications prepare the student for entry into the sport marketing field with a

professional attitude that will be required for one to excel in the pursuit of a career in sport marketing. (4.0 credits)

PHDSMM-105 **Creating a Profitable Sports Counseling & Coaching Career**

The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice. (4.0 credits)

PHDSMM-106 **Sports Counseling Practice**

This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing successes in their healthful living habits. (4.5 credits)

PHDSMM-107 **Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance. (4.0 credits)

PHDSMM-108 **Thesis**

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate Program can be applied in one's life. Material may be drawn from the various courses in the Doctorate Program. (4.0 credits)

PHDSMN-109-E The Mind of The Spirit

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: “ — E.” is suggested but NOT required for the above Program

CERTIFIED SPORTS NUTRITION CONSULTANT & PRACTITIONER

CSNCP-101

Advanced Holistic Sports Nutrition I: Applied Science of the Acid Alkaline Balance Diet

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

CSNCP-102

Advanced Holistic Sports Nutrition II: Applied Science of the Acid Alkaline Balance Diet

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

CSNCP-103

Advanced Applied Nutrition

This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet.

This course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. The Holistic Nutritionist is the perfect Sports Nutritionist to teach in our "Sports School" the Hygienic Natural Health and nutrition philosophy, which is an advanced applied nutrition concept in "Sports Management." (4.0 credits)

CSNCP-104

Applied Science of Sports Nutrition & Physiology

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance.

(4.0 credits)

CSNCP-105

Creating a Profitable Sports Counseling & Coaching Career

The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice.

(4.0 credits)

CSNCP-106-E

The Mind of The Spirit

This course will help you to learn the contrast between the "*flesh*" and "*spirit*." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(4.0 credits)

Elective marked: " — E." is suggested but NOT required for the above Program

CERTIFIED HOLISTIC SPORTS NUTRITION CONSULTANT & PRACTITIONER

CHSNC-101

Advanced Holistic Sports Nutrition I: Applied Science of the Acid Alkaline Balance Diet

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

CHSNC-102

Advanced Holistic Sports Nutrition II: Applied Science of the Acid Alkaline Balance Diet

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

CHSNC-103

Advanced Applied Nutrition

This course details the ideal sources and correct rations for the three caloronnutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. (4.0 credits)

CHSNC-104**Advanced Natural Health I**

This course presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

CHSNC-105**Advanced Natural Health II**

This course is a continuation of Advanced Natural Health I and further presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

CHSNC-106**Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that a vegan athlete on a "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. (4.0 credits)

CHSNC-107**Creating a Profitable Sports Counseling & Coaching Career**

The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice. (4.0 credits)

CHSNC-108-E The Mind of The Spirit

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

Elective marked: “ — E.” is suggested but NOT required for the above Program

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Thank you for your time and interest. For further information, please call The University or write to us at the address below. We would greatly, appreciate hearing from you to answer any of your questions and/or to consider your thoughts in reference to the Catalog and curriculum offered at the Universities & Colleges of Natural Health.[™] Please contact us. We will value your opinion!

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